


Racquetball
 Open Racquetball Monday- Friday 12:15-7:15 p.m. Ages 10+
 Open Racquetball Saturday 10:15-5:15 p.m. Ages 10+

Weight Room
 Open Weight Room Monday- Friday 12:00-7:00 p.m. 18+
 Open Weight Room Saturday 10:00-5:00 p.m. 18+

Computer room
 Open Computers Monday-Friday 12:00-3:00 p.m. 18+
 Open Computers Monday-Friday 3:00-7:00 p.m. 8-17
 Open Computers Saturdays 10:00-5:00 p.m. all ages

Michael J. Zone Neighborhood
 Resource & Recreation Center
 6301 Lorain Avenue
 216/664-3373

CITY OF CLEVELAND
 Mayor Frank G. Jackson

Pre-Registration **REQUIRED**
 for all activities

Cultural Arts

School Group	Fridays	12:00-2:00 p.m.	8-14
Family Crafts	Fridays	5:00-7:00 p.m.	All Ages
Ceramics	Thursdays	5:50-6:30 p.m.	All Ages
Bucket Drumming	Fridays	5:00-6:00 p.m.	All ages

Special Programs

STEAM	Fridays	5:00-6:00 p.m.	All ages
Soccer	Tue/Thurs.	5:00-6:00 p.m.	3rd-6th grade
College Now	Mon/Wed.	3:30-5:00p.m.	Teens
Tri C ballet	Mon/Wed.	4:00-5:30p.m.	Ages 7-13
Job Readiness	by appt.	By appt.	16+

Outdoor Programs

Youth Flag Football	Monday & Wednesday	5:00-7:30 p.m.	Ages 9-12
Junior Flag Football	Tuesday & Thursday	5:00-7:30 p.m.	Ages 12-15
Senior Flag Football	Wednesdays	5:00-7:00 p.m.	Ages 15-17
Junior Co-ed Volleyball	Mondays	5:15 & 6:00p.m.	Ages 11-14
Seniors Co-ed Volleyball	Tuesdays	5:15 & 6:00p.m.	Ages 15-17

Gymnasium Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12:00-1:00 p.m. Open Gym Adult 18+	12:00-1:00 p.m. Open Gym 18+	12:00-1:00 p.m. Open Gym Adult 18+	12:00-1:00 p.m. Open Gym 18+	12:00-2:45 p.m. School Group Ages 12-15	10:00a.m-12:00p.m. Basketball Workouts Ages 10+
1:30-2:30 p.m. Open Gym Adult 18+	1:30-2:30 p.m. Open Gym 18+	1:30-2:30 p.m. Open Gym Adult 18+	1:30-2:30 p.m. Open Gym 18+		12:15-1:15 p.m. Pee wee Flag Football Fundamentals Ages 5-8
3:00-4:00 p.m. Open Gym Ages 8-17	3:00-4:00 p.m. Open Gym Ages 8-17	3:00-4:00 p.m. Open Gym Ages 8-17	3:00-4:00 p.m. Open Gym Ages 8-17	3:00-4:00 p.m. Open Gym Ages 8-17	1:30-3:30 p.m. Open Gym Ages 8-17
4:15-6:15 p.m. Sr. Coed Volleyball Practice (Sept.- Nov.) Ages 14-17	4:15-5:00 p.m. Open Gym Ages 8-17	4:15-6:15 p.m. Open Gym Ages 8-17	4:15-5:00 p.m. Open Gym Ages 8-17	4:15-5:45 p.m. Boy's Basketball Practice Ages 13-15	4:00-5:45pm Soccer 18+
4:15-6:15p.m. Indoor Soccer (Nov.-Dec.) Ages 9-13	5:15-7:15 p.m. Jr. Coed Volleyball Practice (Sept.-Oct.) Ages 11-14	4:15-6:15p.m. Indoor Soccer (Nov.-Dec.) Ages 9-13	5:15-7:15 p.m. Jr. Coed Volleyball Practice (Sept- Dec.) Ages 11-15	6:00-7:15 p.m. Junior/Senior Volleyball Practice Ages 11-17	
6:30-7:15p.m. Zumba Ages 16+	5:15-7:15 p.m. Boy's Basketball Practice (Nov- Dec)	6:30-7:15 p.m. Zumba Ages 16+			