

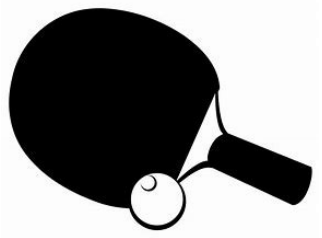
Aquatics Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Adult Swim 12:00-1:00 18+	Learn To Swim 12:00-12:45 8-17	Adult Swim 12:00-1:00 18+	Learn To Swim 12:00-2:00 18+	Adult Swim 12:00-1:15 18+	Adult Swim 10:00-12:00 18+
Open Swim 1:00-4:00 8-17	Open Swim 1:00-4:00 8-17	Open Swim 1:00-4:00 8-17	Open Swim 1:00-4:00 8-17	Open Swim 1:00-4:00 8-17	Open Swim 12:15-2:00 8-17
Pool Closed 4-5	Pool Closed 4-5	Pool Closed 4-5	Pool Closed 4-5	Pool Closed 4-5	Pool Closed 2-3
Mega Ball Dodgeball 5:00-5:45 8-17	Adult Swim 5:00-5:45 8-17	Mega Ball Dodgeball 5:00-5:45 8-17	Adult Swim 5:00-5:45 8-17	Adult Lap Swim 5:00-6:00 18+	Open Swim 3:00-4:15 8-17
Family Swim 6:00-7:15 18+	Aquacise 6:00-7:30 18+	Family Swim 6:00-7:15 18+	Aquacise 6:00-7:30 18+	Family Swim 6:00-7:15 18+	Family Swim 4:30-5:30

All children under 8 years old must be accompanied and supervised in the water by an adult at all times.

Non-Traditional, Low Organized Activities & Outdoor Programs

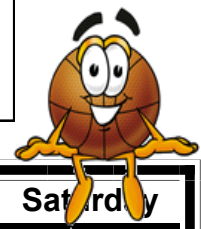
Program	Days	Times	Ages
Weight Room	Monday - Friday	12-12:45pm 1:15-2pm 2:30-3:15pm 3:45-4:30pm 5:00-5:45pm 6:15-7:00pm	Adults
Open Ping-Pong	Monday-Friday	1-1:45pm 2:15-3pm 3:30-4:15pm	All Ages
Adult Ping Pong	Mon, Wed, Fri	4:30-5:15pm 5:30pm-6:15pm 6:30pm-7:15pm	Adults
T-Ball Fundamentals	Fridays	5:15pm-7:00pm	4-8
Youth Baseball	Mondays Wednesdays	5:15pm; 6:45pm	8-13
Sand Volleyball (weather permitting)	Tuesdays	4:30-5:45pm	8-17



Schedule subject to change without prior notice.

Sterling Recreation Center
1380 East 32nd Street
216/664-2573

CITY OF CLEVELAND
Mayor Justin M. Bibb



Gymnasium Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Adult Basketball (18+) 12:00 - 1:45	Youth Basketball (8-12) 12:00 - 12:45	Adult Basketball (18+) 12:00 - 1:45	Youth Basketball (8-12) 12:00 - 12:45	Adult Basketball (18+) 12:00 - 12:45	Youth Baseball Practice 1030 - 12:00
Youth Basketball (8-12) 2:00 - 2:45	Youth Basketball Shootout (8-12) 1:00 - 1:45	Youth Basketball (8-12) 2:00 - 2:45	Youth Basketball Shootout (8-12) 1:15 - 1:45	Youth Basketball (8-12) 2:00 - 2:45	Adult Volleyball (18+) 12:30 - 2:00
Teen Basketball (13-17) 3:00 - 3:45	Teen Basketball (13-17) 2:00 - 2:45	Teen Basketball (13-17) 3:00 - 3:45	Teen Basketball (13-17) 2:00 - 2:45	Teen Basketball (13-17) 3:00 - 3:45	Youth Basketball (13-17) 2:15 - 3:45
Teen Basketball Shootout (8-12) 4:00 - 4:45	Teen Basketball Shootout (13-17) 3:00 - 3:45	Teen Basketball Shootout (8-12) 4:00 - 4:45	Teen Basketball Shootout (13-17) 3:30-4:15	Teen Basketball Shootout (8-12) 4:00 - 4:45	Youth/Teen Basketball (8-17) 4:00 - 5:15
Dodgeball (8-13) 4:30 - 5:45	Volleyball Fundamentals (8-17) 4:30 - 5:45	Dodgeball (8-13) 4:30 - 5:45	Volleyball Fundamentals (8-17) 4:30-5:45	Dodgeball (8-13) 5:00 - 5:45	
Girls Basketball Conditioning (8-17) 6:00 - 7:30	Boys Basketball Conditioning (8-17) 6:00 - 7:30	Girls Basketball Conditioning (8-17) 6:00 - 7:30	Boys Basketball Conditioning (8-17) 6:00 - 7:30	Adult Basketball (18+) 6:00 - 7:30	

Summer Lunch Program

4-18yrs. | Mon-Fri Times 12:00pm-1:00pm
(No Registration Required)