

Other Exciting Programs

Chess	Fridays & Saturday	4:00– 5:30	8+
Youth Outdoors	Fridays	TBA	8-17
Basketball workouts	Saturday	1:00-2:30p.m.	8-12
Basketball Training	Monday-Friday	4:00pm-7:00pm	8-15

Line Dance	Mondays	6:00pm-7:30p.m.	18+
Girl Talk	Tuesday– Thursday	5:00pm - 6:00 p.m.	8-14
Moving with Purpose	TBA		8-17
After School AllStars	Monday-Friday	3:00pm-6:00pm	8-12
Karate	Monday- Friday	5:00pm-7:00pm	8-17





Hamilton Recreation Center
13200 Kinsman
216/ 664-4121

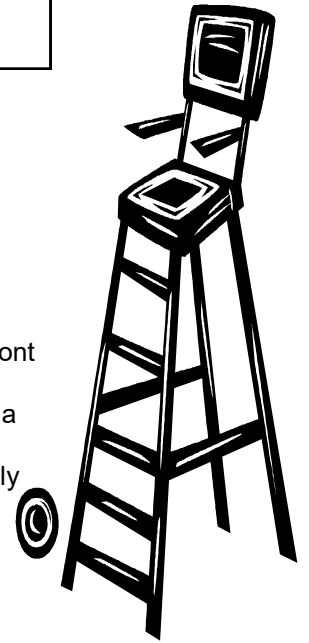
CITY OF CLEVELAND
Mayor Justin M. Bibb

You can fill this chair

Lifeguard Training Class

The successful Applicant must:

- ◆ Be at least 15 years old
- ◆ Be able to swim 300 yards, non stop, using front crawl and breast stroke
- ◆ Swim to deepest end of the pool and retrieve a 10 pound object and return to starting point
- ◆ Tread water for two (2) minutes using legs only
- ◆ Pass written test with 80% or better



Pool Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12:00-2:30pm Adult Lap Swim 18+	12:00-2:30pm Adult Lap Swim 18+	12:00-2:30pm Adult Lap Swim 18+	12:00-2:30pm Adult Lap Swim 18+	12:00-2:30pm Adult Lap Swim 18+	10:00-11:30pm Adult Lap Swim 18+
3:30pm-6:00pm Youth Open Swim 8-17	3:30pm-6:00pm Youth Water sports 8-17	3:30pm-6:00pm Youth Open Swim 8-17	3:30pm-6:00pm Youth Water sports 8-17	1:00pm-3:30pm Youth Open Swim 8-17	12:00-2:30pm Family Swim All ages
6:00pm-7:30pm Water Jogging 18+	6:00pm-7:30pm Adult Water Aerobics 18+	6:00pm-7:30pm Water Jogging 18+	6:00pm-7:30pm Adult Water Aerobics 18+	4:00pm-6:00pm Family Swim ALL Ages	3:00 - 5:15pm Water Games 8-14
				6:00-7:30pm Adult Lap Swim 18+	

Schedule subject to change without prior notice.