

Aquatics Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Water Walking 12:00-12:45 Adults	Water Walking 12:00-12:45 Adults	Water Walking 12:00-12:45 Adults	Water Walking 12:00-12:45 Adults	Water Walking 12:00-12:45 Adults	Water Walking 10:00-10:45 Adults
Open Lap/Swim 12:45-1:30 Adults	Open Lap/Swim 12:45-1:30 Adults	Open Lap/Swim 12:45-1:30 Adults	Open Lap/Swim 12:45-1:30 Adults	Pool Maintenance 1:00-1:45	Open Lap/Swim 11:00-11:45 Adults
Open Swim 3:00-3:45 All	Open Swim 3:00-3:45 All	Open Swim 3:00-3:45 All	Open Swim 3:00-3:45 All	Open Swim 3:00-3:45 All	Open Swim 1:00-1:45 All
Open Swim 4:00-4:45 All	Open Swim 4:00-4:45 All	Open Swim 4:00-4:45 All	Open Swim 4:00-4:45 All	Open Swim 4:00-4:45 All	Open Swim 2:00-2:45 All
Lifeguard Training 5:00-5:45	Learn to Swim 5:00-5:45 Level I & II	Lifeguard Training 5:00-5:45	Learn to Swim 5:00-5:45 Level III & IV	Learn to Swim 5:00-5:45 Tots	Open Swim 3:00-3:45 All
Lifeguard Training 6:00-6:45	Aquacise 6:00-6:45 Adults	Lifeguard Training 6:00-6:45	Aquacise 6:00-6:45 Adults	Family Swim 6:00-6:45 Parent w/Child	Family Swim 4:00-4:45 Parent w/ Child
Lifeguard Training 7:00-7:30	Open Lap/Swim 6:45-7:30 Adults	Lifeguard Training 7:00-7:30	Open Lap/Swim 6:45-7:30 Adults	Family Swim 7:00-7:30 Parent w/Child	Family Swim 5:00-5:30 Parent w/ Child

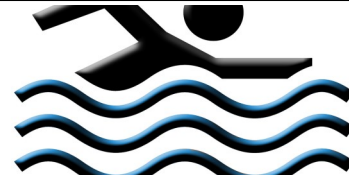
All children under 8 years old and 4 feet tall must be accompanied and supervised in the water by an adult. Two children per adult.

Gunning Park Neighborhood
Resource & Recreation Center
16700 Puritas Ave.
Cleveland, OH 44135
216-420-7900
Carlitos Torres — Manager

**For Golden Age &
Senior Program**
Information call 373-1917

YOUTH AFTER SCHOOL MEALS

4-18yrs. | Mon-Fri. | Times 4:00pm—4:30pm
Sat. | Times 12:00pm—12:30pm



Gymnasium Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Adult Open Gym 12:00-12:45 18+	Table Tennis 12:00-12:45 18+	Adult Open Gym 12:00-12:45 18+	Table Tennis 12:00-12:45 18+	Table Tennis 12:00-12:45 18+	Indoor Walking 10:00-10:45 18+
Adult Open Gym 1:00-1:45 18+	Indoor Walking 1:00-1:45 18+	Adult Open Gym 1:00-1:45 18+	Indoor Walking 1:00-1:45 18+	Indoor Walking 1:00-1:45 18+	Basketball Skills 11:00-11:45 Tots
Indoor Walking 2:00-2:45 18+	Indoor Walking 2:00-2:45 18+	Indoor Walking 2:00-2:45 18+	Indoor Walking 2:00-2:45 18+	Indoor Walking 2:00-2:45 18+	Basketball Skills 12:00-12:45 8-12
Basketball Skills 3:00-3:45 8-12	Basketball Skills 3:00-3:45 8-12	Basketball Skills 3:00-3:45 8-12	Basketball Skills 3:00-3:45 8-12	Basketball Skills 3:00-3:45 8-12	Basketball Skills 1:00-1:45 13-17
Basketball Skills 4:00-4:45 13-17	Basketball Skills 4:00-4:45 13-17	Basketball Skills 4:00-4:45 13-17	Basketball Skills 4:00-4:45 13-17	Basketball Skills 4:00-4:45 13-17	Basketball Skills 2:00-2:45 13-17
Basketball Skills 5:00-5:45 13-17	Jr. Basketball 5:00-5:45 13-17	Basketball Skills 5:00-5:45 13-17	Basketball Drills 5:00-5:45 8-17	Youth Basketball 5:00-5:45 8-12	Badminton 3:00-3:45 Adults
Kickboxing Aerobics 6:00-7:30 18+	Jr. Basketball 6:00-7:30 13-17	Kickboxing Aerobics 6:00-7:30 18+	Basketball Drills 5:00-5:45 8-17	Youth Basketball 6:00-7:30 8-12	Badminton 4:00-5:30 Adults

Schedule subject to change without prior notice.
Adults may not participate during youth basketball skill sessions.

Track

DAYS Monday-Friday Saturday*	TIMES 9:00-9:45am 10:00-10:45am* 11:00-11:45am*	AGES 55 & over 55 & over 55 & over
	TIMES 12:00-12:45pm* 1:00-1:45pm* 2:00-2:45pm* 3:00-3:45pm* 4:00-4:45pm* 5:00-5:45pm* 6:00-6:45pm 7:00-7:30pm	AGES 18 & over 18 & over 18 & over 18 & over 18 & over 18 & over 18 & over 18 & over

Weight Room

DAYS Monday-Friday Saturday*	TIMES 9:00-9:45am 10:00-10:45am* 11:00-11:45am*	AGES 55 & over 55 & over 55 & over
	TIMES 12:00-12:45pm* 1:15-2:00pm* 3:00-3:45pm* 4:15-5:00pm* 5:30-6:15pm 6:45-7:30pm	AGES 18 & over 18 & over 18 & over 18 & over 18 & over 18 & over



Special Programming

Jazz Funk — starting the week of January 9
Thursdays | 5:00pm — 6:00pm | Ages 5-15