

Aquatics Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Water Walking 12:00-12:45 Adults 40-Max	Water Walking 12:00-12:45 Adults 40-Max	Water Walking 12:00-12:45 Adults 40-Max	Water Walking 12:00-12:45 Adults 40-Max	Water Walking 12:00-12:45 Adults 40-Max	Water Walking 10:00-10:45 Adults 40-Max
Open Swim 1:00-1:45 Adults 40-Max	Open Swim 1:00-1:45 Adults 40-Max	Open Swim 1:00-1:45 Adults 40-Max	Open Swim 1:00-1:45 Adults 40-Max	Open Swim 1:00-1:45 Adults 40-Max	Open Swim 11:00-11:45 Adults 40-Max
Open Swim 3:00-3:45 All 40-Max	Open Swim 3:00-3:45 All 40-Max	Open Swim 3:00-3:45 All 40-Max	Open Swim 3:00-3:45 All 40-Max	Open Swim 3:00-3:45 All 40-Max	Open Swim 1:00-1:45 All 40-Max
Open Swim 4:00-4:45 All 40-Max	Open Swim 4:00-4:45 All 40-Max	Open Swim 4:00-4:45 All 40-Max	Open Swim 4:00-4:45 All 40-Max	Open Swim 4:00-4:45 All 40-Max	Open Swim 2:00-2:45 All 40-Max
Swim Team 5:00-5:45 Youth 40-Max	Learn to Swim 5:00-5:45 Level I & II	Swim Team 5:00-5:45 Youth 40-Max	Learn to Swim 5:00-5:45 Level III & IV	Swim Team 5:00-5:45 Youth 40-Max	Open Swim 3:00-3:45 All 40-Max
Swim Team 6:00-6:45 Youth 40-Max	Aquacise 6:00-6:45 Adults 40-Max	Swim Team 6:00-6:45 Youth 40-Max	Aquacise 6:00-6:45 Adults 40-Max	Swim Team 6:00-6:45 Youth 40-Max	Family Swim 4:45-5:30 Parent w/ Child 40-Max
Swim Team 7:00-7:30 Youth 40-Max	Open Swim 7:00-7:30 Adults 40-Max	Swim Team 7:00-7:30 Youth 40-Max	Open Swim 7:00-7:30 Adults 40-Max	Swim Team 7:00-7:30 Youth 40-Max	

All children under 8 years old and 4 feet tall must be accompanied and supervised in the water by an adult. Two children per adult.

Gunning Park Neighborhood
Resource & Recreation Center
16700 Puritas Ave.
Cleveland, OH 44135
216-420-7900
Carlitos Torres—Manager

**For Golden Age &
Senior Program**
Information call 373-1917

YOUTH AFTER SCHOOL MEALS

4-18yrs. | Mon-Fri. | Times 4:00pm—5:00pm
Sat. | Times 12:00pm—1:00pm



Gymnasium Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Table Tennis 12:00-12:45 18+ 8-Max	Table Tennis 12:00-12:45 18+ 8-Max	Table Tennis 12:00-12:45 18+ 8-Max	Table Tennis 12:00-12:45 18+ 8-Max	Table Tennis 12:00-12:45 18+ 8-Max	Indoor Walking 10:00-10:45 18+ 10-Max
Indoor Walking 1:00-1:45 18+ 8-Max	Indoor Walking 1:00-1:45 18+ 8-Max	Indoor Walking 1:00-1:45 18+ 8-Max	Indoor Walking 1:00-1:45 18+ 8-Max	Indoor Walking 1:00-1:45 18+ 8-Max	Basketball Skills 11:00-11:45 8-12 20-Max
Indoor Walking 2:00-2:45 18+ 10-Max	Indoor Walking 2:00-2:45 18+ 10-Max	Indoor Walking 2:00-2:45 18+ 10-Max	Indoor Walking 2:00-2:45 18+ 10-Max	Indoor Walking 2:00-2:45 18+ 10-Max	Basketball Skills 12:00-12:45 8-12 20-Max
Basketball Skills 3:00-3:45 8-12 20-Max	Basketball Skills 3:00-3:45 8-12 20-Max	Basketball Skills 3:00-3:45 8-12 20-Max	Basketball Skills 3:00-3:45 8-12 20-Max	Basketball Skills 3:00-3:45 8-12 20-Max	Basketball Skills 1:00-1:45 13-17 20-Max
Basketball Skills 4:00-4:45 13-17 20-Max	Basketball/Volleyball Skills 4:00-4:45 13-17 20-Max	Basketball Skills 4:00-4:45 13-17 20-Max	Basketball/Volleyball Skills 4:00-4:45 13-17 20-Max	Basketball Skills 4:00-4:45 13-17 20-Max	Basketball Skills 2:00-2:45 13-17 20-Max
Basketball Skills 5:00-5:45 13-17 20-Max	Basketball/Volleyball Skills 5:00-5:45 8-12 20-Max	Basketball Skills 5:00-5:45 13-17 20-Max	Basketball/Volleyball Drills 5:00-5:45 8-12 20-Max	Basketball Skills 5:00-5:45 13-17 20-Max	Basketball Skills 3:00-3:45 13-17 20-Max
Kickboxing Aerobics 6:00-7:30 18+ 20-Max	Latin Aerobics 6:00-7:30 18+ 20-Max	Kickboxing Aerobics 6:00-7:30 18+ 20-Max	Zumba 6:00-7:30 18+ 20-Max	Cornhole 6:00-7:30 18+ 8-Max	Family Gym 4:00-5:30 Parent w/ Child 20-Max

Schedule subject to change without prior notice.
Adults may not participate during youth basketball skill sessions.

Track

DAYS Monday-Friday Saturday* (6-Person Max)	TIMES 9:00-9:45am 10:00-10:45am* 11:00-11:45am*	AGES 55 & over 55 & over 55 & over
	TIMES 12:00-12:45pm* 1:00-1:45pm* 2:00-2:45pm* 3:00-3:45pm* 4:00-4:45pm* 5:00-5:45pm* 6:00-6:45pm 7:00-7:30pm	AGES 18 & over 18 & over 18 & over 18 & over 18 & over 18 & over 18 & over 18 & over

Weight Room

DAYS Monday-Friday Saturday* (10-Person Max)	TIMES 9:00-9:45am 10:00-10:45am* 11:00-11:45am*	AGES 55 & over 55 & over 55 & over
	TIMES 12:00-12:45pm* 1:15-2:00pm* 3:00-3:45pm* 4:15-5:00pm* 5:30-6:15pm 6:45-7:30pm	AGES 18 & over 18 & over 18 & over 18 & over 18 & over 18 & over



Pre-Registration REQUIRED
for ALL activities