

# Aquatics Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12:00-12:45pm <b>Adult Open Swim</b>	12:00-12:45pm <b>Adult Open Swim</b>	12:00-12:45pm <b>Adult Open Swim</b>	12:00-12:45pm <b>Adult Open Swim</b>	12:00-12:45pm <b>Adult Open Swim</b>	10:00-10:45am <b>Adult Open Swim</b>
1:00-1:45pm <b>Adult Open Swim</b>	1:00-1:45pm <b>Adult Open Swim</b>	1:00-1:45pm <b>Adult Open Swim</b>	1:00-1:45pm <b>Adult Open Swim</b>	1:00-1:45pm <b>Adult Open Swim</b>	11:00-11:45am <b>Adult Open Swim</b>
2:00-2:45pm <b>Adult Open Swim</b>	2:00-2:45pm <b>Adult Open Swim</b>	2:00-2:45pm <b>Adult Open Swim</b>	2:00-2:45pm <b>Adult Open Swim</b>	2:00-2:45pm <b>Adult Open Swim</b>	12:00-12:45pm <b>Open Swim All Ages</b>
4:15-5:15pm <b>Open Swim All Ages</b>	<b>Lifeguard Training</b>	4:15-5:15pm <b>Open Swim All Ages</b>	<b>Lifeguard Training</b>	4:15-5:00pm <b>Open Swim All Ages</b>	1:00-1:45pm <b>Kiddie Pool Swim</b>
5:30-6:15pm <b>Youth LTS (8-17)</b>	<b>Classes 4:30-7:30pm</b>	5:30-6:15pm <b>Youth LTS (8-17)</b>	<b>Classes 4:30-7:30pm</b>	5:15-6:00pm <b>Open Swim All ages</b>	2:00-2:45pm <b>Kiddie Pool Swim</b>
6:30-7:15pm <b>Water Aerobics</b>	<b>Ages 15+</b>	6:30-7:15pm <b>Water Aerobics</b>	<b>Ages 15+</b>	6:15-7:15pm <b>Kiddie Pool Swim</b>	4:15-5:15pm <b>Family Swim</b>

## Arts & Crafts

Program	Days	Times	Ages
Adult Ceramics Arts/Crafts	Mondays	12:00-2:30pm	18+
	Mondays	4:00-6:30pm	8+
Senior Arts/Crafts	Wednesdays	10:30-11:30am	55+
Adult Arts/Crafts	Wednesdays	1:00-3:00pm	18+
Youth Arts/Crafts	Wednesdays	3:30-4:30pm	8-17

## Senior Programs ages 55 & up

Program	Days	Times
<b>I-Connect</b>	Mondays	10:00-11:00am
<b>Indoor Track</b>	Mon, Wed, Fri	9:00-9:45am 10:00-10:45am 11:00-11:45am
<b>Fitness Room</b>	Mon, Wed, Fri	9:00-9:45am 10:00-10:45am 11:00-11:45am
<b>Walking Club</b>	Mon, Wed, Fri	8:00-11:00am
<b>Aerobics</b>	Mon, Wed, Fri	8:00-10:00am
<b>Line Dance</b>	Mondays	10:30-11:30am

All children under 8 years old & under 4 feet tall must be accompanied and supervised in the water by an adult. Two children per one adult. Children using the slide must be at least 48 inches tall

Meal Program	
Monday– Friday	4:00-5:00pm
Saturdays	12:00-1:00pm
(No Registration Required)	

\*During all family activities children must be accompanied by a parent/guardian\*

Pre-Registration  
**REQUIRED**  
for all  
activities

*\*Schedule subject to change without prior notice\**



**Collinwood Neighborhood  
Resource & Recreation Center**  
16300 Lakeshore Blvd  
Kawana Little, Center Manager  
(216)420-8323

## Fitness Room

Mon-Fri 12:00-1:00pm  
1:30-2:30pm  
3:00-4:00pm  
4:30-5:30pm  
6:00-7:00pm

## Saturdays

10:00-11:00am  
11:30-12:30pm  
1:00-2:00pm  
2:30-3:30pm  
4:00-5:00pm

## Indoor Track

Mon-Fri 12:00-1:00pm  
1:30-2:30pm  
3:00-4:00pm  
4:30-5:30pm

## Saturdays

10:00-11:00am  
11:30-12:30pm  
1:00-2:00pm  
2:30-3:30pm  
4:00-5:00pm

## Youth Programs ages 8-17

**Chess** (Ages 5& up) Mondays & Wednesdays 3:00-4:30pm

**Photography** (Grades 6-12) Tuesdays 4:00-5:00pm

**Karate** (Ages 8 & Up) Saturdays 2:00-4:00pm

**Young Leaders** (Ages 11-17) Mon/Tues/Thurs 4:00-7:00pm

**African Dance** (All Ages) Mondays 6:00-7:00pm



## Gymnasium Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Open Gym</b> Adult 18+ 12:00-2:30pm	<b>Open Gym</b> Adult 18+ 12:00-2:30pm	<b>Open Gym</b> Adult 18+ 12:00-2:30pm	<b>Open Gym</b> Adult 18+ 12:00-2:30pm	<b>School Groups</b> (Varies) 12:00-2:30pm	<b>NCT</b> <b>Cheerleading</b> 10:00-2:00pm
<b>Open Gym</b> Youth (8-17) 3:00-4:00pm	<b>Open Gym</b> Youth (8-17) 3:00-4:00pm	<b>Open Gym</b> Youth (8-17) 3:00-4:00pm	<b>Open Gym</b> Youth (8-17) 3:00-4:00pm	<b>Open Gym</b> Youth (8-17) 3:00-4:00pm	<b>Pee Wee</b> <b>Basketball</b> (4-7) 2:30-3:30pm
<b>Youth In-House</b> <b>B-Ball Practice</b> 8-11 4:30-5:30pm	<b>Junior In-House</b> <b>B-Ball Practice</b> 12-14 4:30-5:30pm	<b>Senior In-House</b> <b>B-Ball Practice</b> 15-18 4:30-5:30pm	<b>Basketball</b> <b>Skills &amp; Drills</b> 8-17 4:30-5:30pm	<b>Open Gym</b> Youth (8-17) 4:30-5:30pm	<b>Open Gym</b> Adult 30+ 4:00-5:30pm
<b>In-House</b> <b>B-Ball Game</b> 8-17 6-7:30pm	<b>NCT</b> <b>Cheerleading</b> 6:00-7:30pm	<b>NCT</b> <b>Cheerleading</b> 6:00-7:30pm	<b>In-House</b> <b>B-Ball Game</b> 8-17 6-7:30pm	<b>Family Gym</b> Families 6:00-7:30pm	