

Aquatics Schedule

Schedule subject to change without prior notice

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12:00-1:00pm Adult Open Swim	12:00-1:00pm Adult Open Swim	12:00-1:00pm Adult Open Swim	12:00-1:00pm Adult Open Swim	12:00-1:00pm Adult Open Swim	10:00-11:00am Adult Open Swim
1:15-2:00pm Adult Open Swim	1:15-2:00pm Adult Open Swim	1:15-2:00pm Adult Open Swim	1:15-2:00pm Adult Open Swim	1:15-2:00pm Adult Open Swim	11:15-12:15pm Adult Open Swim
2:15-3:00pm Adult Open Swim	2:15-3:00pm Adult Open Swim	2:15-3:00pm Adult Open Swim	2:15-3:00pm Adult Open Swim	2:15-3:00pm Adult Open Swim	12:30-1:30pm Open Swim All ages
4:15-5:00pm Open Swim All ages	4:15-5:00pm Open Swim All ages	4:15-5:00pm Open Swim All ages	4:15-5:00pm Open Swim All ages	4:15-5:00pm Open Swim All ages	1:45-2:45pm Open Swim All ages
5:15-6:00pm Open Swim All ages	5:15-6:00pm Open Swim All ages	5:15-6:00pm Open Swim All ages	5:15-6:00pm Open Swim All ages	5:15-6:00pm Open Swim All ages	4:15-5:15pm Open/Family Swim
6:15-7:15pm Youth LTS (8-17)	6:15-7:15pm Youth LTS (8-17)	6:15-7:15pm Water Aerobics	6:15-7:15pm Adult LTS Swim (18+)	6:15-7:15pm Open/Family Swim	

All children under 8 years old & under 4 feet tall must be accompanied and supervised in the water by an adult. Two children per one adult. Children using the slide must be at least 48 inches tall

Arts & Crafts

Program	Days	Times	Ages
Adult Arts/Crafts	Mondays	12:00-2:30pm	18+
Arts/Crafts	Mondays	4:00-6:30pm	8+
Senior Arts/Crafts	Wednesdays	10:30-11:30am	55+
Adult Arts/Crafts	Wednesdays	1:00-3:00pm	18+
Youth Arts/Crafts	Wednesdays	3:30-4:30pm	8-17

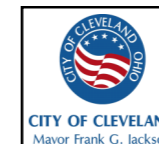
Senior Programs ages 55 & up

Program	Days	Times
I-Connect	Mondays	10:00-11:00am
Indoor Track	Mon, Wed, Fri	9:00-9:45am 10:00-10:45am 11:00-11:45am
Fitness Room	Mon, Wed, Fri	9:00-9:45am 10:00-10:45am 11:00-11:45am

**Pre-Registration
REQUIRED
for all
activities**

Meal Program	
Monday- Friday	4:00-4:30pm
Saturdays	12:30-1:00pm
(No Registration Required)	

During all family activities children must be accompanied by a parent/guardian



**Collinwood Neighborhood
Resource & Recreation Center**
16300 Lakeshore Blvd
Kawana Little, Center Manager
(216)420-8323



Fitness Room

<u>Mon-Fri</u>	12:00-1:00pm 1:30-2:30pm 3:00-4:00pm 4:30-5:30pm 6:00-7:00pm
<u>Saturdays</u>	10:00-11:00am 11:30-12:30pm 1:00-2:00pm 2:30-3:30pm 4:00-5:00pm

Indoor Track

<u>Mon-Fri</u>	12:00-1:00pm 1:30-2:30pm 3:00-4:00pm 4:30-5:30pm
<u>Saturdays</u>	10:00-11:00am 11:30-12:30pm 1:00-2:00pm 2:30-3:30pm 4:00-5:00pm

Youth Programs ages 8-17

Majorette Dance (Ages 7-12) Wednesdays&Fridays 5:30-6:30pm

Flag Football (Ages 8-18) *Days & Times: TBD; sign-up at front desk*

Volleyball (Ages 8-18) *Begins in October; sign-up at front desk*

Gymnasium Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Basketball 5 on 5 Adult (18+) 12:00-2:30pm	Basketball 5 on 5 Adult (18+) 12:00-2:30pm	Basketball 5 on 5 Adult (18+) 12:00-2:30pm	Basketball 5 on 5 Adult (18+) 12:00-2:30pm	School Groups (Varies) 12:00-2:30pm	NCT Cheerleading 10:00-1:00pm
Basketball 5 on 5 Youth (8-17) 3:00-4:00pm	Basketball 5 on 5 Youth (8-17) 3:00-4:00pm	Basketball 5 on 5 Youth (8-17) 3:00-4:00pm	Basketball 5 on 5 Youth (8-17) 3:00-4:00pm	Basketball 5 on 5 Youth (8-17) 3:00-4:00pm	Basketball 5 on 5 Youth (8-17) 1:30-3:30pm
Volleyball (8-18) 4:30-5:30pm	Flag Football (8-18) 4:30-5:30pm	Flag Football (8-18) 4:30-5:30pm	Flag Football (8-18) 4:30-5:30pm	Volleyball (8-18) 4:30-5:30pm	30+ Basketball 5 on 5 Adult 4:00-5:30pm
Flag Football (8-18) 6:00-7:30pm	NCT Cheerleading 6:00-7:30pm	NCT Cheerleading 6:00-7:30pm	NCT Cheerleading 6:00-7:30pm	Basketball 5 on 5 Family 6:00-7:30pm	