




 Gunning Park Recreation Center
 16700 Puritas Ave.
 Cleveland, OH 44135
 216-420-7900
 Mayor Frank G. Jackson
 Carlitos Torres- Manager

**For Golden Age &
 Senior Program
 Information call 373-1917**

Meal Program
 4-18yrs. | Mon-Fri | Times 4:00pm—5:00pm
 (No Registration Required)

Weight Room		
DAYS	TIMES	AGES
Monday-Friday (6-Person Max)	9:00-9:45am	55 & over
	10:00-10:45am	55 & over
	11:00-11:45am	55 & over
	12:00-12:45pm	18 & over
	1:15-2:00pm	18 & over
	3:00-3:45pm	18 & over
	4:15-5:00pm	18 & over

Track		
DAYS	TIMES	AGES
Monday-Friday (2-Person Max)	9:00-9:30am	55 & over (Gym availability 8-Person Max)
	10:00-10:30am	55 & over (Gym availability 8-Person Max)
	11:00-11:30am	55 & over (Gym availability 8-Person Max)
	12:00-12:30pm	18 & over
	1:00-1:30pm	18 & over
	2:00-2:30pm	18 & over
	3:00-3:30pm	18 & over
	4:00-4:30pm	18 & over

Pre-Registration **REQUIRED** for all activities

Gymnasium Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
Table Tennis 12:00-12:30 18+ 6-Max	Table Tennis 12:00-12:30 18+ 6-Max	Table Tennis 12:00-12:30 18+ 6-Max	Table Tennis 12:00-12:30 18+ 6-Max	Table Tennis 12:00-12:30 18+ 6-Max
Adult Walking 1:00-1:30 18+ 8-Max	Adult Walking 1:00-1:30 18+ 8-Max	Adult Walking 1:00-1:30 18+ 8-Max	Adult Walking 1:00-1:30 18+ 8-Max	Adult Walking 1:00-1:30 18+ 8-Max
Adult Walking 2:00-2:30 18+ 8-Max	Adult Walking 2:00-2:30 18+ 8-Max	Adult Walking 2:00-2:30 18+ 8-Max	Adult Walking 2:00-2:30 18+ 8-Max	Adult Walking 2:00-2:30 18+ 8-Max
Basketball Skills 3:00-3:30 8-12 6-Max	Basketball Skills 3:00-3:30 8-12 6-Max	Basketball Skills 3:00-3:30 8-12 6-Max	Basketball Skills 3:00-3:30 8-12 6-Max	Basketball Skills 3:00-3:30 8-12 6-Max
Basketball Skills 4:00-4:30 13-17 6-Max	Basketball Skills 4:00-4:30 13-17 6-Max	Basketball Skills 4:00-4:30 13-17 6-Max	Basketball Skills 4:00-4:30 13-17 6-Max	Basketball Skills 4:00-4:30 8-12 6-Max
Basketball Skills/ Baseball Drills 5:00-5:30 8-12 6-Max	Basketball Skills/ Baseball Drills 5:00-5:30 13-17 6-Max	Basketball Skills/ Baseball Drills 5:00-5:30 8-12 6-Max	Basketball Skills/ Baseball Drills 5:00-5:30 13-17 6-Max	Basketball Skills 5:00-5:30 13-17 6-Max
Kickboxing Aerobics 6:00-7:30 18+ 9-Max	Latin Aerobics 6:00-7:30 18+ 9-Max	Kickboxing Aerobics 6:00-7:30 18+ 9-Max	Zumba 6:00-7:30 18+ 9-Max	Basketball Skills/ Baseball Drills 6:00-6:30 8-12 6-Max
				Cornhole 7:00-7:30 18+ 8-Max



Schedule subject to change without prior notice. No Adults in Basketball Skills sessions.