

Aquatics Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
Adult Swim 12:00—12:45pm 18+	Senior Open-Swim 9:00—11:45pm 3x45min	Adult Swim 12:00—12:45pm 18+	Senior Open-Swim 9:00—11:45pm 3x45min	Adult Swim 12:00—12:45pm 18+
1:00-1:45pm Adult Swim 18+	1:00-1:45pm Adult Swim 18+	1:00-1:45pm Adult Swim 18+	1:00-1:45pm Adult Swim 18+	1:00-1:45pm Adult Swim 18+
2:00-2:45pm Adult Swim 18+	2:00-2:45pm Adult Swim 18+	2:00-2:45pm Adult Swim 18+	2:00-2:45pm Adult Swim 18+	2:00-2:45pm Adult Swim 18+
3:00-3:45pm Youth Swim 8-17	3:00-3:45pm Youth Swim 8-17	3:00-3:45pm Youth Swim 8-17	3:00-3:45pm Youth Swim 8-17	3:00-3:45pm Youth Swim 8-17
4:00-4:45pm Youth Swim 8-17	4:00-4:45pm Youth Swim 8-17	4:00-4:45pm Youth Swim 8-17	4:00-4:45pm Youth Swim 8-17	4:00-4:45pm Youth Swim 8-17
5:00- 5:45pm Swim Team/Life Guard/LTS	5:00- 5:45pm Swim Team/Life Guard/LTS	5:00- 5:45pm Swim Team/Life Guard/LTS	5:00- 5:45pm Swim Team/Life Guard/LTS	5:00- 5:45pm Swim Team/Life Guard/LTS
6:00- 7:15pm Adult Swim +18	6:00- 7:15pm Adult Swim +18	6:00- 7:15pm Adult Swim +18	6:00- 7:15pm Adult Swim +18	6:00- 7:15pm Adult Swim +18

ALL AGES
(6 Capacity)
Monday -Friday:

BOXING



Fitness/ Weight Room

TOTAL
CAPACITY
4

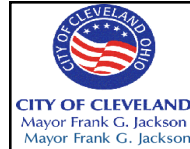
Youth Activities

Soccer Tues and Thurs 4:30-5:30pm (8-17)
Drum Class Mon and Wed 5:00-6:30pm (8-17)

Cultural Arts

Sewing and Seniors) Monday 12:00-2:00pm (+18)
Senior Crafts (Seniors) Tues & Thurs 10:00-2:00pm
Arts & Crafts Mon- Fri 4:00-5:00pm (Ages 8-17)

Schedule subject to change without prior notice



Glenville Resource and Recreation Center
680 E 113th St
216-664-2516
Manager: Mr. Larry Wilcox

TEEN CENTER/GAME ROOM

Monday-Wednesday 5:30-7:30pm

SENIOR EXERCISE PROGRAMS

Aerobics, Indoor & Outdoor Walking, Pool
Exercise, Field Trips!
Tuesday and Thursdays—9:30am—10:15am
10:30am—11:15am
Line Dance—Thursday— 9:30am—10:15am



Gymnasium Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
12:00—12:45pm Offensive Drills Adults +18	12:00—12:45pm Offensive Drills Adults +18	12:00—12:45pm Offensive Drills Adults +18	12:00—12:45pm Offensive Drills Adults +18	12:00—12:45pm Offensive Drills Adults +18
1:00pm—1:45pm Defensive Drills Adult +18	1:00pm—1:45pm Defensive Drills Adult +18	1:00pm—1:45pm Defensive Drills Adult +18	1:00pm—1:45pm Defensive Drills Adult +18	1:00pm—1:45pm Defensive Drills Adult +18
2:00pm—2:45pm Basketball Fundamentals Adult +18	2:00pm—2:45pm Basketball Fundamentals Adult +18	2:00pm—2:45pm Basketball Fundamentals Adult +18	2:00pm—2:45pm Basketball Fundamentals Adult +18	2:00pm—2:45pm Basketball Fundamentals Adult +18
3:00-3:45pm Offensive Drills Youth ages 8-17	3:00-3:45pm Offensive Drills Youth ages 8-17	3:00-3:45pm Offensive Drills Youth ages 8-17	3:00-3:45pm Offensive Drills Youth ages 8-17	3:00-3:45pm Offensive Drills Youth ages 8-17
4:00-4:45pm Defensive Drills Youth ages 8-17	4:00-4:45pm Defensive Drills Youth ages 8-17	4:00-4:45pm Defensive Drills Youth ages 8-17	4:00-4:45pm Defensive Drills Youth ages 8-17	4:00-4:45pm Defensive Drills Youth ages 8-17
5:00-5:45pm 2-Ball Drills Youth ages 8-17	5:00-5:45pm Fit Circuit All Ages	5:00-5:45pm 2-Ball Drills Youth ages 8-17	5:00-5:45pm 2-Ball Drills Youth ages 8-17	5:00-5:45pm 2-Ball Drills Youth ages 8-17
6:00-7:15pm Sports Training Ages 7-18	6:00-7:15pm Volleyball Ages 7-18	6:00-7:15pm Sports Training Ages 7-18	6:00-7:15pm Volleyball Ages 7-18	6:00-7:15pm Dodge ball Youth ages 8-12