



GENERAL POLICE ORDER CLEVELAND DIVISION OF POLICE



EFFECTIVE DATE: JANUARY 19, 2007	REVISED DATE: JANUARY 11, 2007	NO. PAGES: 1 of 2	NUMBER: 1.1.32
SUBJECT: <b style="text-align: center;">WELLNESS PROGRAM			
ASSOCIATED MANUAL:		RELATED ORDERS: <b style="text-align: center;">GPO 1.1.20	
CHIEF OF POLICE: <b style="text-align: center;"><i>Michael McGrath, Chief</i>			

Revisions are printed in Italic

PURPOSE: To institute the Cleveland Division of Police Wellness Program, an extension of the Employee Assistance Unit (EAU). This proactive program based on the National Institute of Justice’s peer support model is designed to enhance the well being and welfare of Division members. The Wellness Program is a confidential voluntary program of peer support to provide members support and alternative resources in times of stress as well as information, literature and training. Contact is voluntary and confidential.

POLICY: The Division strives to create the best working environment for its members. By assisting members, when they are in need emotionally, physically, spiritually, financially or socially, the health of the member prevails. Healthy members are generally more safe, productive, compassionate and responsive to others.

PROCEDURES:

- I. The Wellness Program shall:
 - A. Provide members with a trained peer support officer to whom they can express frustration, fear and other concerns.
 - B. Promote trust, anonymity and confidentiality for members who use the Wellness Program.
 - C. Support the member in determining their needs and the immediacy of seeking professional help.

- D. Be in contact with those on sick leave to offer support and assistance.
- E. Provide options to assist the member in resolving their concerns in a timely and appropriate manner, including but not limited to:
 - 1. Off Site Support Groups
 - 2. Information
 - 3. Training/Opportunities

II. Contact the Wellness Program

- A. *Members may contact the Wellness Program by telephoning 623-5142.*
- B. Through the Medical Director's office telephone number at 623-5676.
- C. The Employee Assistance Unit (EAU) telephone number is 623-5678 and may be utilized 24 hours a day.