



CITY OF CLEVELAND  
Mayor Justin M. Bibb



Cleveland  
City Council

**FREE PROGRAMS!**

# Parks & Recreation Catalog

## Spring Session



**SPRING PROGRAMS RUN FROM MARCH 30 TO MAY 30**

PROGRAM REGISTRATION BEGINS MARCH 11, 2026

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## City of Cleveland Purpose Statement

To inspire confidence by delivering reliable, efficient city services and creating the conditions for all members of our community to thrive.

# Neighborhood Resource & Recreation Centers (NRRCs)

**Camp George Forbes**  
25440 Harvard Ave  
Highland Hills, OH 44122  
(216) 263-5325

**Cudell Fine Arts**  
10013 Detroit Ave.  
Cleveland, OH 44102  
(216) 664-4183

**Fairfax**  
2335 East 82<sup>nd</sup> St.  
Cleveland, OH 44104  
(216) 664-4142

**Hamilton**  
13200 Kinsman Rd.  
Cleveland, OH 44120  
(216) 664-4121

**Sterling**  
1380 East 32<sup>nd</sup> St.  
Cleveland, OH 44114  
**CLOSED FOR RENOVATION**  
(216) 664-2573

**Clark**  
5706 Clark Ave.  
Cleveland, OH 44102  
**CLOSED FOR RENOVATION**  
(216) 664-4657

**Cudell Recreation**  
1910 West Blvd.  
Cleveland, OH 44102  
(216) 664-4137

**Frederick Douglass**  
15401 Miles Ave.  
Cleveland, OH 44128  
(216) 664-6882

**Woodland**  
9206 Woodland Ave.  
Cleveland, OH 44104  
(216) 664-4124

**Thurgood Marshall**  
8611 Hough Ave.  
Cleveland, OH 44106  
(216) 664-4045

**Central**  
2526 Central Ave.  
Cleveland, OH 44115  
**CLOSED FOR RENOVATION**  
(216) 664-4241

**Earle B. Turner**  
11300 Miles Ave.  
Cleveland, OH 44105  
(216) 420-8358

**Glenville**  
680 East 113<sup>th</sup> St.  
Cleveland, OH 44108  
(216) 664-2516

**Lonnie Burten**  
2511 East 46<sup>th</sup> St.  
Cleveland, OH 44104  
(216) 664-4139

**Zelma George**  
3155 MLK Jr. Dr.  
Cleveland, OH 44104  
(216) 420-8800

**Collinwood**  
16300 Lakeshore Blvd.  
Cleveland, OH 44110  
(216) 420-8323

**EJ Kovacic**  
6250 St. Clair Ave.  
Cleveland, OH 44103  
(216) 664-4140

**Gunning Park**  
16700 Puritas Ave.  
Cleveland, OH 44135  
(216) 420-7900

**Michael Zone**  
6301 Lorain Rd.  
Cleveland, OH 44102  
(216) 664-3373

**Cory**  
10510 Drexel Ave.  
Cleveland, OH 44108  
(216) 664-3389

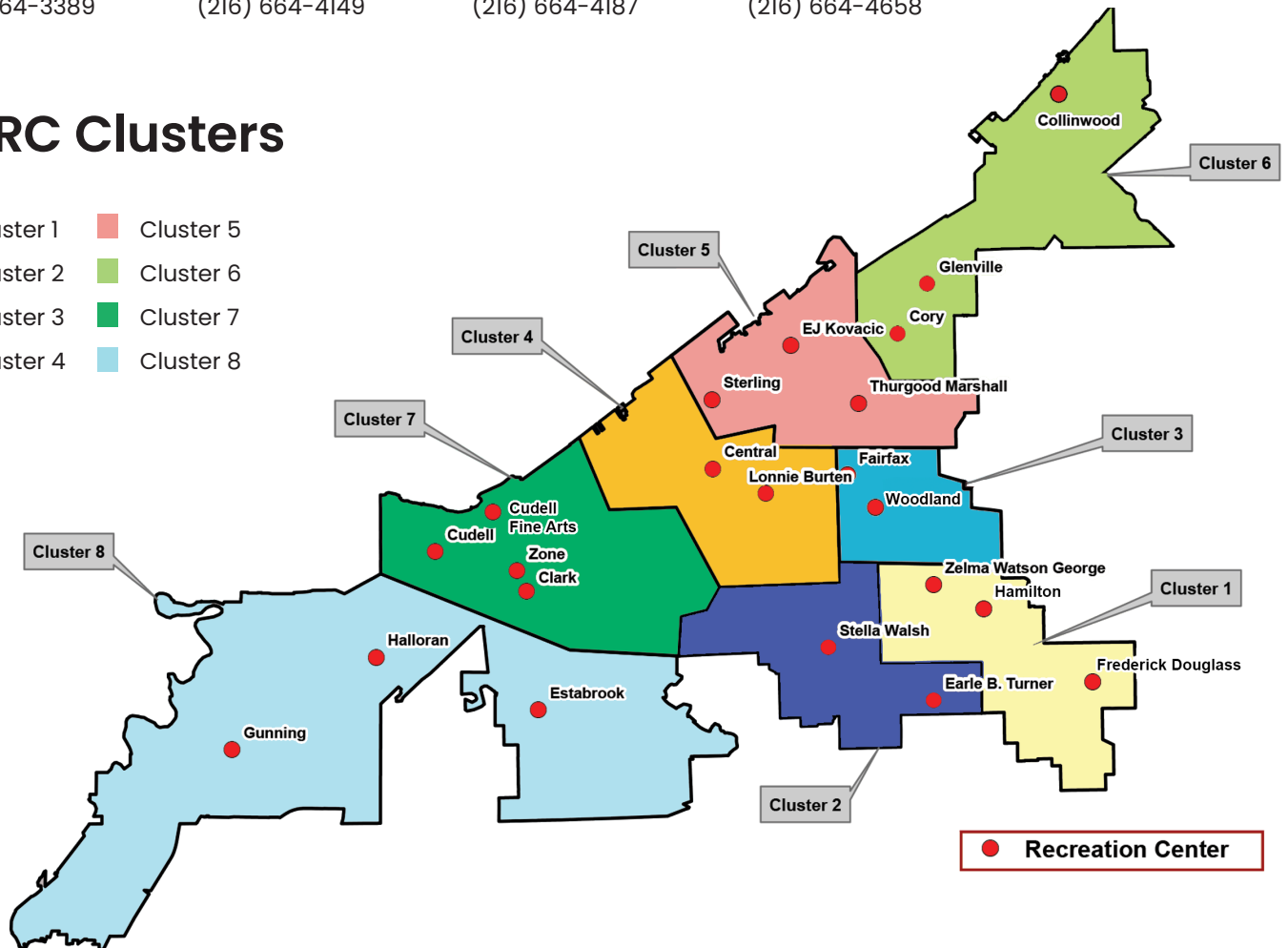
**Estabrook**  
4125 Fulton Ave.  
Cleveland, OH 44144  
(216) 664-4149

**Halloran Park**  
3550 West 117<sup>th</sup> St.  
Cleveland, OH 44111  
(216) 664-4187

**Stella Walsh**  
7245 Broadway Ave.  
Cleveland, OH 44105  
(216) 664-4658

## NRRC Clusters

- Cluster 1
- Cluster 2
- Cluster 3
- Cluster 4
- Cluster 5
- Cluster 6
- Cluster 7
- Cluster 8



**Special Senior Events!**

**SENIOR DAY 2026 AND SENIOR WALKS**

Find more information in the Events section of this catalog (pg. 22-23).

**Aerobics**

**AQUACISE**

Dive into a refreshing water-based workout that uses the natural resistance of the pool to tone muscles. This low-impact class is easy on the joints while providing an effective cardiovascular challenge for all fitness levels. It is a perfect way to stay cool while improving your strength and flexibility in a supportive aquatic environment.

**Frederick Douglass NRRC | Ages 55+**

Mondays | 12:00 - 1:30 PM

**CHAIR AEROBICS**

Stay active and mobile with a low-impact workout designed to be performed entirely from a seated position. This class focuses on gentle stretching, strength building, and cardiovascular health without putting strain on the joints. It is an ideal fitness solution for seniors or anyone looking for an accessible and effective exercise routine.

**Collinwood NRRC | Ages 55+**

M, W, F | 8:00 - 9:00 AM

**Fairfax NRRC | Ages 55+**

M, W, F | 10:00 - 11:00 AM

**Early Open NRRCs for Senior Citizens**

<b>Collinwood</b>	M, W, F   8:00 AM - 11:45 AM
<b>Estabrook</b>	M, W   9:45 AM (early swim)
<b>Fairfax</b>	M, W, F   10:00 AM - 11:00 AM
<b>Frederick Douglass</b>	Tuesdays   10:00 AM
<b>Glenville</b>	T, Th   10:00 AM
<b>Gunning</b>	M, T, W, Th, F   8:30 AM - 11:30 AM
<b>Lonnie Burten</b>	M, W, Th   12:00 PM - 2:30 PM
<b>Zelma George</b>	M, T, W, Th, F   8:30 AM

**Basketball**

**SENIOR BASKETBALL LEAGUE PRACTICE**

This program offers a dedicated space for veteran athletes to maintain their skills and stay active in their favorite sports. Focus on longevity and health through moderate-paced drills and friendly scrimmages designed for older adults. It is a great way to keep the competitive spirit alive while enjoying the camaraderie of long-time teammates.

**Zelma George NRRC | Ages 55+**

Wednesdays | 5:30 - 7:00 PM



**Card Games**

**BID WHIST**

Engage in the strategic and fast-paced world of Bid Whist, a beloved classic trick-taking game. Players will partner up to bid on hands and compete for the highest score in a lively, social atmosphere. This program is perfect for those who enjoy deep strategy, teamwork, and the thrill of a well-played hand.

**Zelma George NRRC | Ages 55+**

M, F | 12:00 - 3:00 PM



## Card Games (cont.)

### SPADES

Dive into this classic trick-taking card game where sharp strategy and solid partnerships are the names of the game. Players must work closely with their teammates to bid accurately and outmaneuver their opponents to reach the winning score first. It is a social staple that combines mental tactics with a healthy dose of friendly, high-spirited competition.

**Zelma George NRRC | Ages 55+**  
M, F | 3:00 - 5:30 PM

## Drama Class

Introduction to acting, stage presence, and theatrical performance. Students learn techniques for character development and storytelling. These classes build confidence and creativity through interactive classes.

**Zelma George NRRC | Ages 55+**  
T, Th | 11:30 AM - 1:30 PM



## Exercise Class

General fitness sessions tailored to different age groups and ability levels. Workouts focus on strength, flexibility, and cardiovascular health. Classes are a supportive way to maintain a healthy lifestyle.

**Zelma George NRRC | Ages 55+**  
T, Th | 9:00 - 10:00 AM



## Fitness Room

Access to cardio machines (treadmills, ellipticals, and more) for self-guided exercise. Participants work out at their own pace in a safe environment. This space promotes independence and healthy living.

**Zelma George NRRC | Ages 55+**  
M, T, W, Th, F | 8:00 - 11:00 AM

## Senior Group

### SENIOR MOMENTS

A lively social group designed to bring older adults together for fun, laughter, and meaningful fellowship. Each session features a rotating schedule of engaging activities, ranging from spirited card games and light exercise to rhythmic dancing. It is the perfect opportunity to stay active, sharpen your mind, and build lasting connections with peers in a welcoming community environment.

**Alexander Hamilton NRRC | Ages 55+**  
Fridays | 1:00 - 4:00 PM



## Walking Club

A low-impact social fitness group that meets for regular walks. Participants enjoy conversation while improving cardiovascular health. This is a great way to stay active and connected.

**Collinwood NRRC | Ages 55+**  
M, W, F | 8:00 - 11:00 AM  
Wednesdays | 8:00 - 12:00 AM

**Frederick Douglass NRRC | Ages 55+**  
Tuesdays | 10:00 AM - 12:00 AM

**Zelma George NRRC | Ages 55+**  
M, T, W, Th, F | 8:00 - 11:30 AM  
Wednesdays | 9:30 - 10:30 AM



**NOTE:** All schedules in this catalog are subject to change. Please contact your NRRC or visit the CivicRec online catalog (pg. 26) for updated times.

**Aerobics**

**AQUACISE**

Dive into a refreshing water-based workout that uses the natural resistance of the pool to tone muscles. This low-impact class is easy on the joints while providing an effective cardiovascular challenge for all fitness levels. It is a perfect way to stay cool while improving your strength and flexibility in a supportive aquatic environment.

**Collinwood NRRC | Ages 18+**

M, T, W, Th | 6:15 - 7:15 PM

**Frederick Douglass NRRC | Ages 18+**

T, Th | 2:00 - 2:45 PM

T, Th | 5:45 - 6:45 PM

**KICKBOXING AEROBICS**

Combine high-energy martial arts techniques with fast-paced cardio for a full-body workout. This class focuses on building endurance, agility, and core strength through rhythmic punching and kicking combinations. It is the perfect way to burn calories while learning basic self-defense moves in a fun environment.

**Gunning NRRC | Ages 18+**

M, W | 6:00 - 7:30 PM

**STEP AEROBICS**

This high-energy cardio class uses an adjustable platform to boost your heart rate and tone your lower body simultaneously. Participants follow choreographed routines set to upbeat music, making for a workout that is as fun as it is sweat-inducing. It is suitable for all fitness levels, as you can easily modify the height of your step to match your personal intensity.

**Alexander Hamilton NRRC | Ages 18+**

Thursdays | 12:00 - 2:30 PM



**Basketball**

Organized leagues, clinics, and open gym time for players of all skill levels. Programs focus on teamwork, skill development, and physical fitness through drills and games. Basketball promotes healthy living and positive social interactions.



**MEN'S LEAGUE**

**Thurgood Marshall NRRC | Ages 18+**

Thursdays | 4:00 - 7:30 PM

**Thurgood Marshall NRRC | Ages 30+**

Wednesdays | 5:00 - 7:30 PM

**OPEN GYM**

**Earle B. Turner NRRC | Ages 18+**

M, T, W, Th, F | 12:00 - 2:30 PM

**Frederick Douglass NRRC | Ages 18+**

T, Th | 12:00 - 1:00 PM

M, W, F | 2:00 - 2:45 PM

T, F | 6:00 - 7:30 PM

**Gunning NRRC | Ages 18+**

M, W | 12:00 - 1:45 PM

**Michael Zone NRRC | Ages 18+**

M, T, W, Th | 12:00 - 2:45 PM

**Zelma George NRRC | Ages 18+**

M, W, F | 12:00 - 2:30 PM

**Blood Pressure Check**

Free health screenings and monitoring to help residents track their cardiovascular health. This program provides quick convenient checks and guidance for maintaining healthy blood pressure. It also supports community wellness and early detection of potential health issues.



**Zelma George NRRC | Ages 18+**

Every 4<sup>th</sup> Tuesday of the month | 9:00 - 11:00 AM

### Boxing

Technical training in footwork, punching technique, and physical conditioning. Classes emphasize strength, discipline, and endurance while teaching self-defense skills. Participants build confidence and fitness through structured drills and sparring practice.



**TRAINING**

**Zelma George NRRC | Ages 18+**  
M, T, W, Th, F | 11:00 AM - 1:00 PM

### Card Games

**BID WHIST**

Engage in the strategic and fast-paced world of Bid Whist, a beloved classic trick-taking game. Players will partner up to bid on hands and compete for the highest score in a lively, social atmosphere. This program is perfect for those who enjoy deep strategy, teamwork, and the thrill of a well-played hand.



**Frederick Douglass NRRC | Ages 35+**  
Wednesdays | 12:00 - 3:00 PM

### Circuit Training

A high-intensity workout that rotates through various stations for a full-body burn. Exercises to get strength, endurance, and flexibility in a time-efficient format. This program is ideal for those seeking variety and maximum results.



**Gunning NRRC | Ages 18+**  
Thursdays | 12:00 - 1:00 PM

**Zelma George NRRC | Ages 18+**  
Tuesdays | 12:00 - 1:00 PM

### Cooking Class

Culinary workshops focusing on basic kitchen skills and healthy meal preparation. Participants learn techniques for creating nutritious dishes in a hands-on setting. These classes promote confidence in cooking and healthy eating.

**Alexander Hamilton NRRC | Ages 18+**  
Tuesdays | 12:00 - 2:30 PM

### Fitness Room

Access to cardio machines (treadmills, ellipticals, and more) for self-guided exercise. Participants work out at their own pace in a safe environment. This space promotes independence and healthy living.

**Collinwood NRRC | Ages 18+**  
M, T, W, Th, F | 12:00 - 7:30 PM  
Saturdays | 10:00 AM - 5:30 PM

**Frederick Douglass NRRC | Ages 18+**  
M, T, W, Th, F | 12:00 - 7:30 PM  
Saturdays | 10:00 AM - 5:30 PM

**Zelma George NRRC | Ages 18+**  
T, Th | 12:00 - 2:30 PM

### Jogging Club

A social group for runners to meet and exercise on local trails or tracks. Participants enjoy camaraderie while improving endurance and overall health. The club promotes outdoor activity and community engagement.

**Zelma George NRRC | Ages 18+**  
M, T, W, Th, F | 2:30 - 4:00 PM

### Medical Billing and Coding

Vocational training for administrative careers in the healthcare industry. Students learn coding systems, insurance processes, and record management. This program prepares participants for entry level positions in medical offices.

**Frederick Douglass NRRC | Ages 18+**  
M, W | 5:00 PM - 7:00 PM



### Public Skate

**ROLLER**

Dedicated time for the public to use the ice or roller rink for recreation. Skaters enjoy a safe supervised environment for fun and fitness. Sessions are open to all skating skill levels.

**Halloran NRRC | Ages 18+**  
T, Th | 12:00 - 2:00 PM | April 15 - May 31

## Roller Hockey

### DROP-IN

Our recreational roller hockey drop-in program provides a flexible, no-commitment space for players of all skill levels to lace up and get on the floor. Each session focuses on fluid, pick-up style play where the emphasis is on having fun and keeping the game moving rather than worrying about league standings. It is the perfect opportunity to improve your cardio, refine your puck-handling, and meet fellow hockey enthusiasts in a supportive and social atmosphere.

### Halloran NRRC | Ages 18+

Mondays | 12:00 - 2:00 PM | April 15 - May 31  
Saturdays | 10:00 - 11:00 AM | April 15 - May 31

## Soccer

### MEN'S LEAGUE

Skill-building and league play for the world's most popular field sport. Players learn passing, dribbling, and teamwork through structured drills. Soccer programs encourage fitness, camaraderie, and fun.

### Michael Zone NRRC | Ages 18+

Saturdays | 4:00 - 6:00 PM

## Volleyball

Play focuses on serving, spiking, and team coordination. Players develop technique and communication through drills and games. Volleyball promotes fitness and teamwork in a fun environment.

### Thurgood Marshall NRRC | Ages 18+

Fridays | 5:30 - 7:30 PM



**NOTE:** All schedules in this catalog are subject to change. Please contact your NRRC or visit the CivicRec online catalog (pg. 26) for updated times.

## Walking Club

A low-impact social fitness group that meets for regular walks. Participants enjoy conversation while improving cardiovascular health. This is a great way to stay active and connected.

### Frederick Douglass NRRC | Ages 18+

M, W, F | 12:00 - 1:00 PM  
M, T, W, Th, F | 12:00 - 1:45 PM

### Frederick Douglass NRRC | Ages 35+

Saturdays | 3:00 - 5:30 PM

## Weight Room

Access to free weights and strength-training equipment. Participants will build muscle and improve overall fitness at their own pace. Staff members are available for guidance and safety.

### Cudell NRRC | Ages 18+

M, T, W, Th, F | 12:00 - 7:30 PM  
Saturdays | 10:00 - 5:30 PM

### Michael Zone NRRC | Ages 18+

M, T, W, Th, F | 12:00 - 7:00 PM  
Saturdays | 10:00 AM - 5:15 PM

## Yoga

Mindfulness and physical postures focused on flexibility, balance, and stress relief. Classes combine breathing techniques and gentle movement for relaxation. Yoga supports mental and physical well-being.

### Earle B. Turner NRRC | Ages 18+

Mondays | 6:00 - 7:00 PM

## Zumba

A Latin-inspired dance fitness class that turns a workout into a "party." Classes combine upbeat music with easy to follow choreography. Zumba is fun, energizing, and helpful for all fitness levels.

### Collinwood NRRC | Ages 18+

Wednesdays | 6:00 - 7:00 PM



## Aerobics

### STEP AEROBICS

This high-energy cardio class uses an adjustable platform to boost your heart rate and tone your lower body simultaneously. Participants follow choreographed routines set to upbeat music, making for a workout that is as fun as it is sweat-inducing. It is suitable for all fitness levels, as you can easily modify the height of your step to match your personal intensity.

**Alexander Hamilton NRRC | Ages 8-15**

Thursdays | 6:00 – 7:00 PM

## Baseball

### CONDITIONING / TRAINING CAMP

Team-based instruction and league play focusing on hitting, fielding, and sportsmanship. Players learn fundamental techniques while building confidence and teamwork. These programs foster athletic development and a love for the sport.

**Earle B. Turner NRRC | Ages 9-14**

M, W | 6:00 – 7:00 PM

**Gunning NRRC | Ages 8-12**

M, W | 4:00 – 5:45 PM

**Lonnie Burten NRRC | Ages 9-12**

T, W, Th | 5:00 – 7:00 PM

**Lonnie Burten NRRC | Ages 13-15**

M, T, W | 4:45 – 6:00 PM

**Michael Zone NRRC | Ages 9-15**

M, W | 5:15 – 7:00 PM

**Zelma George NRRC | Ages 9-17**

Mondays | 5:30 – 7:00 PM

Saturdays | 10:00 – 11:30 AM



## Basketball

Organized leagues, clinics, and open gym time for players of all skill levels. Programs focus on teamwork, skill development, and physical fitness through drills and games. Basketball promotes healthy living and positive social interactions.

### OPEN GYM

**Earle B. Turner NRRC | Ages 9-17**

M, T, W, Th, F | 3:00 – 5:30 PM

**Frederick Douglass NRRC | Ages 7-17**

M, T, W, Th, F | 3:00 – 5:00 PM

**Michael Zone NRRC | Ages 8-17**

M, T, W, Th, F | 3:00 – 5:00 PM

### SKILLS & DRILLS

**Collinwood NRRC | Ages 4-7**

Saturdays | 2:30 – 3:30 PM

**Collinwood NRRC | Ages 8-14**

Thursdays | 4:30 – 5:30 PM

**Cudell NRRC | Ages 8-17**

Fridays | 6:15 – 7:15 PM

**Earle B. Turner NRRC | Ages 9-17**

T, Th | 6:00 – 7:00 PM

**Fairfax NRRC | Ages 6-17**

M, W, F | 3:45 – 5:15 PM

**Fairfax NRRC | Ages 8-17**

T, Th | 4:00 – 5:00 PM

**Gunning NRRC | Ages 8-12**

T, Th, F | 3:00 – 3:45 PM

Saturdays | 12:00 – 12:45 PM

**Gunning NRRC | Ages 13-17**

T, Th, F | 4:00 – 4:45 PM

Saturdays | 1:00 – 2:45 PM

**Gunning NRRC | Ages 8-17**

M, W | 3:00 – 3:45 PM

**Lonnie Burten NRRC | Ages 8-10**

M, T, W | 3:00 – 4:00 PM

**Stella Walsh NRRC | Ages 8-11**

M, Th | 4:00 – 5:00 PM

**Thurgood Marshall NRRC | Ages 8-17**

Mondays | 5:00 – 7:00 PM

**Woodland NRRC | Ages 8-17**

M, F | 5:30 – 7:30 PM

**Zelma George NRRC | Ages 8-17**

M, T, W, Th, F | 3:00 – 5:00 PM

Fridays | 5:00 – 7:00 PM

## Basketball (cont.)

### TOT

**Zelma George NRRC | Ages 4-7**  
Saturdays | 12:00 - 1:30 PM

### HOUSE LEAGUE

House League Basketball offers a fun and inclusive environment for players of all skill levels to develop their shooting, dribbling, and teamwork fundamentals. The league prioritizes sportsmanship and equal playing time, ensuring that every participant gets a chance to compete and grow on the court. It's a fantastic way for athletes to build confidence and form lasting friendships while staying active within their local community.

**Alexander Hamilton NRRC | Ages 8-11**  
T, W, Th | 5:00 - 7:00 PM

**Alexander Hamilton NRRC | Ages 12-14**  
M, T | 5:00 - 7:00 PM

**Cory NRRC | Ages 8-17**  
T, W, F, Sa | 4:00 - 7:00 PM

**Frederick Douglass NRRC | Ages 7-18**  
Saturdays | 11:00 - 3:00 PM

**Lonnie Burten NRRC | Ages 8-10**  
Saturdays | 11:00 AM - 1:00 PM

**Woodland NRRC | Ages 8-17**  
T, W, Th | 5:00 - 7:30 PM



## Boxing

Technical training in footwork, punching technique, and physical conditioning. Classes emphasize strength, discipline, and endurance while teaching self-defense skills. Participants build confidence and fitness through structured drills and sparring practice.



### TRAINING

**Estabrook NRRC | Ages 6-18**  
M, T, W, Th, F | 4:00 - 7:30 PM

**Fairfax NRRC | Ages 8-17**  
M, T, W, Th | 5:30 - 7:30 PM

## Cheerleading

Build school or community spirit while learning the fundamentals of cheer, dance, and basic stunts. This program emphasizes teamwork and coordination through high-energy routines and vocal projections. It is a wonderful way to boost confidence and physical fitness while learning how to lead a crowd with enthusiasm.



### CHEER & CHAPTER

**Thurgood Marshall NRRC | Ages 6-14**  
T, Th | 5:30 - 7:00 PM

### GINN ELITE

**Estabrook NRRC | Ages 5-18**  
Fridays | 6:00 - 7:00 PM

## Dodgeball

A fast-paced, social team sport focused on agility and teamwork. Players engage in friendly competition while improving reflexes and coordination. Dodgeball sessions are energetic and fun for all skill levels.

### DROP-IN

**Cudell NRRC | Ages 8-12**  
T, Th | 5:00 - 7:15 PM

## Football

Youth leagues focusing on strategy, physical fitness, and team play. Programs teach fundamental skills like passing, catching, and defense. Football promotes good sportsmanship and healthy competition.

### CONDITIONING

**Gunning NRRC | Ages 6-13**  
T, Th, F | 5:00 - 7:30 PM  
Saturdays | 10:00 - 11:45 AM

**Frederick Douglass NRRC | Ages 7-17**  
M, T, W, Th, F | 3:00 - 5:00 PM

### FLAG FOOTBALL

**Estabrook NRRC | Ages 4-8**  
Wednesdays | 5:00 - 6:30 PM

### FLAG FOOTBALL SKILLS & DRILLS

**Fairfax NRRC | Ages 4-17**  
M, W | 4:00 - 6:00 PM



## Football (cont.)

### CO-ED BROWNS INDOOR FLAG FOOTBALL

Estabrook NRRC | Ages 5-17  
M, W, F | 5:30 - 7:30 PM

### INDOOR FLAG FOOTBALL

All NRRCs | Ages 4-17  
Days Vary | 5:15 - 7:30 PM  
*Contact your local NRRC for more information.*

Cudell NRRC | Ages 8-11  
Mondays | 5:00 - 7:15 PM

Cudell NRRC | Ages 12-15  
Wednesdays | 5:00 - 7:15 PM

Thurgood Marshall NRRC | Ages 8-17  
Mondays | 5:30 - 7:30 PM

## Martial Arts

### KARATE

Discover the traditional art of Karate, focusing on discipline, respect, and physical fitness. Students will learn fundamental blocks, strikes, and katas designed to improve coordination and self-confidence. This class is suitable for all ages and skill levels, promoting personal growth through martial arts practice.

Alexander Hamilton NRRC | Ages 8-17  
M, T, W, Th | 4:30 - 7:00 PM

## Pickleball

A popular paddle sport combining elements of tennis, badminton, and ping-pong. This sport is easy to learn and is suitable for all ages and skill levels. Pickleball promotes fitness and friendly competition in a social atmosphere.

### BEGINNER

Stella Walsh NRRC | Ages 8-17  
M, W | 4:00 - 5:30 PM

## Roller Hockey

### DROP-IN

Our recreational roller hockey drop-in program provides a flexible, no-commitment space for players of all skill levels to lace up and get on the floor. Each session focuses on fluid, pick-up style play where the emphasis is on having fun and keeping the game moving rather than worrying about league standings. It is the perfect opportunity to improve your cardio, refine your puck-handling, and meet fellow hockey enthusiasts in a supportive and social atmosphere.

### Halloran NRRC | Ages 4-17

Saturdays | 11:00 AM - 12:00 PM | April 15 - May 31

## Soccer

Skill-building and league play for the world's most popular field sport. Players learn passing, dribbling, and teamwork through structured drills. Soccer programs encourage fitness, camaraderie, and fun.



### AMERICA SCORES SOCCER

Michael Zone NRRC | Ages 11-14  
T, Th | 5:00 - 7:00 PM | April 28 - May 21

### INDOOR SOCCER

Estabrook NRRC | Ages 4-14  
T, W, Th | 5:00 - 7:00 PM

### LEAGUE

Cudell NRRC | Ages 9-13  
T, Th | 5:00 - 7:15 PM

### SKILLS & DRILLS

Halloran NRRC | Ages 4-8  
M, W, F | 4:00 - 4:45 PM | April 27 - May 22

### Lonnie Burten NRRC | Ages 9-11

Saturdays | 4:00 - 5:30 PM

## Soccer (cont.)

### OUTDOOR - CITY WIDE

All NRRCs | Ages 9-13

T, Th | 5:15 - 7:00 PM | April 28 - May 21

Contact your local NRRC for more information.

### OUTDOOR 3V3 LEAGUE

Halloran NRRC | Ages 14-16

M, W, F | 5:00 - 7:00 PM | April 27 - May 22

## Sports Training

Take your athletic performance to the next level with specialized coaching and conditioning drills. This program focuses on developing fundamental skills, increasing speed, and improving overall game-time strategy. Whether you are preparing for a season or just want to improve your technique, these sessions are designed for progress.

**Frederick Douglass NRRC | Ages 7-18**

M, T, W, Th | 5:00 - 6:00 PM

## Volleyball

### SKILLS & DRILLS

Indoor court play focuses on serving, spiking, and team coordination. Players develop technique and communication through drills and games. Volleyball promotes fitness and teamwork in a fun environment.

**Fairfax NRRC | Ages 8-17**

Wednesdays | 4:30 - 5:30 PM

### GIRLS OUTDOOR SAND VOLLEYBALL

A dynamic outdoor program designed to build fundamental skills such as serving, setting, and hitting in a beach-like environment. Participants focus on improving their agility, communication, and teamwork while adapting to the unique challenges of moving and jumping in the sand. This program offers a high-energy atmosphere that encourages physical fitness and sportsmanship through both structured drills and competitive match play.

**Estabrook NRRC | Ages 8-17**

M, W | 4:30 - 6:30 PM | April 13 - May 13

**Various NRRCs | Ages 11-14**

M, W | 4:30 - 6:30 PM | April 13 - May 13

Contact your local NRRC for more information.



## Wrestling

Training in grappling techniques, strength, and competitive matchplay. This program emphasizes discipline, conditioning, and proper form. Wrestling builds confidence and athletic ability.

### DROP-IN

**Cudell NRRC | Ages 8-17**

M, W, F | 6:00 - 7:30 PM



**NOTE:** All schedules in this catalog are subject to change. Please contact your NRRC or visit the CivicRec online catalog (pg. 26) for updated times.

## Special Spring Break Activities!

### SPRING BREAK FUN FOR EVERYONE!

Looking for ways to keep the kids active while school is out? All Neighborhood Resource and Recreation Centers are hosting a variety of exciting programs and events from March 23 to March 28. From sports and games to creative workshops, there's something for youth of all ages. Contact your local NRRC today for a full schedule of activities.

**All NRRCs | Ages 8-17**

March 23 – March 28

## Literacy Camp

### SPRING BREAK

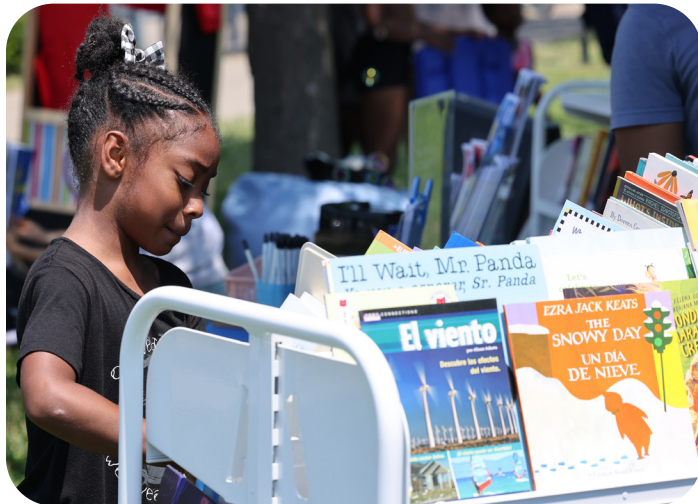
From March 23 to March 27, 1<sup>st</sup> through 3<sup>rd</sup> graders can enjoy a week of free spring break fun that balances learning with plenty of play. The camp offers a great mix of hands-on STEM projects, literacy activities, sports, and art to keep young minds and bodies active. With breakfast and lunch included each day, it's a perfect way for kids to explore new interests and make friends in a supportive environment.

**Frederick Douglass NRRC | Grades 1-3**

M, T, W, Th, F | 9:00 AM – 1:00 PM | March 23 – 27

**Gunning NRRC | Grades 1-3**

M, T, W, Th, F | 9:00 AM – 1:00 PM | March 23 – 27



## Summer Camp

**NEW!**



### DAY CAMP

This day camp provides City of Cleveland's youth with a safe, enriching summer experience focused on STEM exploration, creativity, arts, social-emotional development, teamwork and FUN. Each week includes a theme, goals, daily activity samples, SEL (social-emotional learning) focus, and a Friday celebration/challenge. This program is a great way for youth between the ages of 7 and 15 years to stay active and involved during the summer.

**EJ Kovacic NRRC | Ages 7-15**

M, T, W, Th, F | 9:00 AM – 4:00 PM

**Estabrook NRRC | Ages 7-15**

M, T, W, Th, F | 9:00 AM – 4:00 PM

**Michael Zone NRRC | Ages 7-15**

M, T, W, Th, F | 9:00 AM – 4:00 PM

**Zelma George NRRC | Ages 7-15**

M, T, W, Th, F | 9:00 AM – 4:00 PM

### OVERNIGHT CAMP

Give your child an unforgettable seasonal experience filled with outdoor adventures, sports, and creative arts. Our comprehensive camp program focuses on making new friends and discovering new hobbies in a safe, supervised environment. It is the ultimate way to stay active and engaged during the school break with a diverse schedule of activities. Overnight Camp takes place in 1-week intervals for 8 weeks throughout the summer.

**Camp Forbes | Ages 9-13**

M, T, W, Th, F | First week begins on June 8



### After School All-Stars

This program offers academic support, enrichment activities, and fitness for students after school. It helps youth stay engaged in a safe, structured environment while prioritizing personal growth. Participants benefit from tutoring, recreation, and social development.



**Fairfax NRRC | Ages 8-13**  
M, T, W, Th | 3:00 - 6:00 PM

### After School Meals

A nutritional program providing free, healthy meals or snacks to youth during after-school hours. It ensures youth have access to balanced food options to support learning and play. This initiative promotes wellness and combats food insecurity.

**All NRRCs | Ages 4-17**  
M, T, W, Th, F, Sa | Times Vary by NRRC  
*Contact your local NRRC for more information.*

### Chess Club

A space for players to learn strategy, practice tactics, and compete in matches. Sessions promote critical thinking and problem-solving through engaging gameplay. Both beginners and experienced players can enjoy a supportive environment for growth.



**Cory NRRC | Ages 8+**  
Wednesdays | 5:30 - 7:00 PM

### Exploring Entrepreneurship

Workshops on business basics, financial literacy, and starting small ventures. Participants gain practical skills for managing and growing a business. These sessions inspire innovative and independence in young entrepreneurs.

**Collinwood NRRC | Ages 13-17**  
T, Th | 5:00 - 7:00 PM  
**EJ Kovacic NRRC, Michael Zone NRRC | Ages 13 -17**  
M, W | 5:00 - 7:00 PM  
**Frederick Douglass NRRC | Ages 8-17**  
T, Th | 4:00 - 7:00 PM

### Esports

Competitive and recreational gaming sessions in a social environment. Players develop teamwork and strategic thinking through games and tournaments. These programs offer a fun, tech-driven way to connect with peers.

**Cudell NRRC | Ages 8-17**  
T, W, Th | 5:00 - 6:30 PM  
**Estabrook NRRC | Ages 8-17**  
T, W, Th | 3:30 - 5:00 PM  
M, Th, F | 5:00 - 6:30 PM  
**Frederick Douglass NRRC | Ages 8-17**  
M, W | 4:00 - 5:30 PM  
**Glenville NRRC | Ages 8-17**  
M, W, Th | 3:00 - 4:30 PM  
**Stella Walsh NRRC | Ages 8-17**  
T, Th, F | 5:00 - 6:30 PM

### MADDEN / 2K CHALLENGE TOURNAMENT

Gamers go head-to-head in this competitive event featuring the most popular football and basketball simulation titles. Whether you are a seasoned pro or a casual player, this tournament offers a high-stakes environment to showcase your skills and claim bragging rights. Strategy and quick reflexes are the keys to victory as you climb the bracket toward the championship.

**Alexander Hamilton NRRC | Ages 8-17**  
Saturdays | 1:00 - 4:00 PM  
**Cory NRRC | Ages 8-17**  
M, T, W, Th, F, Sa | 12:00 - 6:00 PM  
**Fairfax NRRC | Ages 8-17**  
Fridays | 4:00 - 6:00 PM



### Musical Instrument Exploration

Do you love music and want to learn to play a musical instrument? Choose from violin, guitar, percussion, voice or trumpet. Instruments are provided and musicians who complete the seasonal session get to keep their instrument! A city-wide band will be formed with musicians completing lessons.

**Collinwood NRRC | Ages 8-17**  
M, W, F | 5:30 – 6:30 PM

**Cudell NRRC | Ages 8-17**  
T, W, Th | 5:30 – 6:30 PM

**Studio 105 | Ages 8-17**  
M, T, W | 5:30 – 6:30 PM

### Support Group

Our Support Groups provides a safe, welcoming space for young people to connect, share their experiences, and navigate the challenges of growing up. Led by supportive facilitators, the program encourages peer-to-peer connection to help participants realize they aren't alone in their journey. It's a dedicated environment where youth can build resilience and develop healthy coping tools for everyday life.

#### GIRL TIME

**Zelma George NRRC | Ages 12-17**  
Wednesdays | 5:30 – 6:30 PM

#### SISTERS WITH PURPOSE

**Fairfax NRRC | Ages 11-13**  
Thursdays | 4:30 – 6:30 PM

#### THANK ME

**Cory NRRC | Ages 8-17**  
T, W | 4:00 – 6:00 PM

#### YOUNG MEN'S AFFIRMATION GROUP

**Michael Zone NRRC | Ages 13-17**  
Tuesdays | 5:00 – 6:30 PM

### Youth Mentoring

Programs connecting young people with positive adult role models and guidance. Activities focus on personal development, leadership, and life skills. Mentoring fosters confidence and community engagement.

#### ANTI-BULLYING

**Stella Walsh NRRC | Ages 8-17**

Tuesdays | 4:00 – 5:00 PM | February 23 – April 6

### Youth Outdoors

Nature-based adventure programs like hiking, fishing, and environmental education in participation with Cleveland Metroparks. Participants learn outdoor skills while appreciating the natural world. These activities promote fitness and environmental stewardship.

**Thurgood Marshall NRRC | Ages 8-17**

Mondays | 5:00 – 7:00 PM



**NOTE:** All schedules in this catalog are subject to change. Please contact your NRRC or visit the CivicRec online catalog (pg. 26) for updated times.

## Boxing

Technical training in footwork, punching technique, and physical conditioning. Classes emphasize strength, discipline, and endurance while teaching self-defense skills. Participants build confidence and fitness through structured drills and sparring practice.

### TRAINING

#### Cory NRRC | Ages 8+

M, T, W, Th | 1:00 – 6:30 PM

#### Cudell NRRC | Ages 8+

M, T, W, Th, F | 6:00 – 7:30 PM

#### Earle B. Turner NRRC | All Ages

M, T, W, Th | 5:30 – 7:00 PM

#### Michael Zone NRRC | Ages 8+

M, T, W, Th | 5:15 – 7:15 PM

#### Thurgood Marshall NRRC | Ages 8+

T, Th | 4:30 – 7:30 PM

#### Zelma George NRRC | Ages 8+

M, T, W, Th, F | 5:00 – 7:30 PM



## Computer Lab

Access to technology for digital literacy, job searching, or educational research. The lab provides resources for learning, basic computer skills and completing online tasks. It also supports community members in developing essential tech proficiency.



### DROP-IN

#### Michael Zone NRRC | All Ages

M, W, F | 4:00 – 7:00 PM

## Martial Arts

### CAPOEIRA

Experience the unique Brazilian martial art that blends elements of dance, acrobatics, and rhythmic music. This high-energy class teaches fluid movements and kicks while immersing participants in rich cultural traditions. It is a fantastic way to improve flexibility and rhythm while being part of a dynamic community circle.

#### Woodland NRRC | Ages 15+

Saturdays | 3:30 – 5:30 PM

### JUDO

Practice the "gentle way" of Judo, a martial art that emphasizes using an opponent's momentum to your advantage. Participants will learn safe falling techniques, throws, and grappling maneuvers in a controlled and supportive environment. It is an excellent program for developing physical strength, balance, and mental fortitude.

#### Cudell NRRC | Ages 8+

T, Th | 6:00 – 7:30 PM

Saturdays | 10:00 AM – 12:00 PM

### KARATE

Discover the traditional art of Karate, focusing on discipline, respect, and physical fitness. Students will learn fundamental blocks, strikes, and katas designed to improve coordination and self-confidence. This class is suitable for all ages and skill levels, promoting personal growth through martial arts practice.

#### Collinwood NRRC | Ages 8+

Saturdays | 2:00 – 4:00 PM

#### Michael Zone NRRC | Ages 7+

Saturdays | 1:00 – 4:00 PM

## Pickleball

A popular paddle sport combining elements of tennis, badminton, and ping-pong. This sport is easy to learn and is suitable for all ages and skill levels. Pickleball promotes fitness and friendly competition in a social atmosphere.



### DROP-IN

#### Michael Zone NRRC | Ages 13+

Mondays | 6:30 – 7:30 PM

### Ping-Pong

Enjoy the fast-paced action of table tennis in a casual and welcoming setting. This program helps improve hand-eye coordination and reflexes through quick volleys and strategic serves. Whether playing for fun or practice, it offers a great way to stay active and engage in lighthearted competition.



**TOURNAMENT**

**Alexander Hamilton NRRC | Ages 15+**  
Fridays | 6:00 – 7:30 PM

### Public Skate

**ROLLER**

Dedicated time for the public to use the roller rink for recreation. Skaters enjoy a safe supervised environment for fun and fitness. Sessions are open to all skating skill levels.

**Halloran NRRC | All Ages**

Saturdays | 12:00 – 5:30 PM | April 15 – May 31  
T, Th | 2:00 – 5:30 PM | April 15 – May 31  
M, W, F | 2:00 – 7:30 PM | April 15 – May 31

### Save Our Future

Provides families with a comprehensive educational foundation through interactive and collaborative learning experiences. Participants engage in diverse activities including nutritious cooking classes, creative art projects, and supportive group sessions designed to foster family growth and knowledge. By combining these hands-on workshops with exciting educational field trips, the program empowers families to build a brighter, more informed path forward together.

**CLASS**

**Michael Zone NRRC | Families**  
Thursdays | 4:45 – 6:30 PM

### Walking Club

A low-impact social fitness group that meets for regular walks. Participants enjoy conversation while improving cardiovascular health. This is a great way to stay active and connected.



**Zelma George NRRC | Families**

M, T, W, Th, F | 4:00 – 7:00 PM  
Saturdays | 4:00 – 5:00 PM



### Yoga

Mindfulness and physical postures focused on flexibility, balance, and stress relief. Classes combine breathing techniques and gentle movement for relaxation. Yoga supports mental and physical well-being.



**Frederick Douglass NRRC | Ages 13+**

Fridays | 6:00 – 7:15 PM

**NOTE:** All schedules in this catalog are subject to change. Please contact your NRRC or visit the CivicRec online catalog (pg. 26) for updated times.

## Aerobics

### AQUACISE

Dive into a refreshing water-based workout that uses the natural resistance of the pool to tone muscles. This low-impact class is easy on the joints while providing an effective cardiovascular challenge for all fitness levels. It is a perfect way to stay cool while improving your strength and flexibility in a supportive aquatic environment.

#### Collinwood NRRC | Ages 18+

M, T, W, Th | 6:15 - 7:15 PM

#### Frederick Douglass NRRC | Ages 18+

T, Th | 2:00 - 2:45 PM

T, Th | 5:45 - 6:45 PM

## Learn to Swim

Progressive swimming lessons for infants, children, and adults. Classes focus on water safety, stroke development, and confidence in the water. Instructors guide participants through each skill level.

### ADULT

#### EJ Kovacic NRRC | Ages 18+

M, T, W, Th, F | 6:00 - 7:30 PM

#### Frederick Douglass NRRC | Ages 18+

Wednesdays | 5:00 - 5:45 PM

### YOUTH

#### EJ Kovacic NRRC | Ages 4-17

M, T, W, Th, F | 5:00 - 6:00 PM

#### Frederick Douglass NRRC | Ages 4-17

Mondays | 5:15 - 5:45 PM

#### Frederick Douglass NRRC | Ages 8-17

Tuesdays | 5:00 - 5:45 PM

#### Thurgood Marshall NRRC | Ages 8-17

M, W | 5:00 - 6:30 PM

### ADVANCED YOUTH

#### Frederick Douglass NRRC | Ages 4-17

Wednesdays | 4:30 - 5:00 PM

### LEVEL 1 - LEVEL 4

#### Gunning NRRC | Ages 4-17

T, Th | 5:00 - 5:45 PM

### PARENT & CHILD

#### EJ Kovacic NRRC | Parent with Child

T, W, Th | 5:00 - 6:00 PM

#### Gunning NRRC | Parent with Child

Fridays | 5:00 - 5:45 PM

## Learn to Swim (cont.)

### PARENT & CHILD TO LEVEL 4

#### Alexander Hamilton NRRC | Ages 4-13

Saturdays | 10:00 AM - 12:30 PM | March 14 - May 9

No class on April 4.

#### Frederick Douglass NRRC | Ages 4-13

Saturdays | 10:00 AM - 12:30 PM | March 14 - May 9

No class on April 4.

#### Gunning NRRC | Ages 4-13

Saturdays | 10:00 AM - 12:30 PM | March 14 - May 9

No class on April 4.

#### Michael Zone NRRC | Ages 4-13

Saturdays | 10:00 AM - 12:30 PM | March 14 - May 9

No class on April 4.

## Lifeguard Training

### AMERICAN RED CROSS LIFEGUARDING CLASS

Official American Red Cross certification course for professional water safety and rescue. Students learn CPR, first aid, AED and other emergency response skills. Successful completion qualifies participants for employment as a lifeguard.

#### Fairfax NRRC | Ages 15+

T, Th | 4:30 - 7:30 PM | March 14 - May 14

#### Gunning NRRC | Ages 15+

M, W | 4:30 - 7:30 PM | April 13 - May 15

#### Michael J. Zone NRRC | Ages 15+

T, Th | 4:30 - 7:30 PM | February 10 - March 12

#### Stella Walsh NRRC | Ages 15+

T, Th | 4:30 - 7:30 PM | April 14 - May 14

### LIFEGUARD PREPARATORY CLASS

Our Lifeguard Preparatory Class is designed to bridge the gap between basic swimming and the demanding requirements of professional training. This course focuses on building the essential stamina and water confidence needed to meet every physical challenge of the upcoming curriculum. It's the perfect way to ensure you are fully ready to succeed when you enroll in the American Red Cross Lifeguarding certification class.

#### Alexander Hamilton NRRC | Ages 15+

M, W | 5:30 - 7:00 PM | February 9 - March 11

#### Michael Zone NRRC | Ages 15+

M, W | 5:30 - 7:00 PM | April 13 - May 13

## Lifeguard Training (cont.)

### SPRING BREAK

**Alexander Hamilton NRRC | Ages 15+**  
M, T, W, Th, F | 12:00 – 6:00 PM | March 23 – 27

**Gunning NRRC | Ages 15+**  
M, T, W, Th, F | 12:00 – 6:00 PM | April 6 – 10



## Public Swim

Scheduled hours for recreational swimming and pool play for the general public. Families and individuals can enjoy water activities in a safe setting. Lifeguards are on duty to ensure safety.

**Earle B. Turner NRRC | Ages 9-14**  
M, T, W, Th | 4:00 – 5:45 PM

**Earle B. Turner NRRC | Ages 18+**  
M, T, W, Th | 12:00 – 3:00 PM  
M, T, W, Th | 6:00 – 7:15 PM

**Frederick Douglass NRRC | Ages 7-17**  
Saturdays | 1:00 – 1:45 PM, 3:00 – 4:00 PM

**Frederick Douglass NRRC | Ages 8-17**  
M, T, W, Th, F | 4:00 – 5:00 PM

**Frederick Douglass NRRC | Ages 18+**  
T, Th | 6:45 – 7:30 PM  
Saturdays | 10:00 AM – 12:45 PM

**Michael Zone NRRC | Ages 8-17**  
M, T, W, Th, F | 4:00 – 4:45 PM  
Saturdays | 12:00 – 12:45 PM

**Michael Zone NRRC | Ages 18+**  
M, T, W, Th, F | 12:00 – 2:45 PM  
Saturdays | 10:00 – 11:45 AM

## Public Swim

Scheduled hours for recreational swimming and pool play for the general public. Families and individuals can enjoy water activities in a safe setting. Lifeguards are on duty to ensure safety.

### FAMILY

**Michael Zone NRRC | All Ages**  
Fridays | 6:00 – 7:00 PM  
Saturdays | 2:00 – 3:45 PM, 4:00 – 5:00 PM

**Thurgood Marshall NRRC | All Ages**  
Fridays | 5:00 – 7:30 PM

### LAP

**Frederick Douglass NRRC | Ages 18+**  
M, T, W, Th, F | 12:00 – 1:45 PM

### PARENT WITH CHILD

**Frederick Douglass NRRC | Parent with Child**  
Fridays | 6:30 – 7:30 PM  
Saturdays | 4:00 – 5:30 PM

## Water Games

Recreational pool activities and aquatic fun for youth. Games encourage water safety while providing entertainment and exercise. This program is supervised for a safe, enjoyable experience.

**Frederick Douglass NRRC | Ages 7-17**  
Fridays | 5:00 – 6:30 PM



**NOTE:** All schedules in this catalog are subject to change. Please contact your NRRC or visit the CivicRec online catalog (pg. 26) for updated times.

## Arts & Crafts

Hands-on creative sessions involving painting, drawing, and various DIY projects. These classes encourage self-expression and artistic development in a fun environment. Participants explore different mediums and techniques to create unique works of art.

### DROP-IN

**Alexander Hamilton NRRC | Ages 18+**  
Mondays | 12:00 - 2:30 PM

**Cory NRRC | Ages 8-17**  
Thursdays | 4:30 - 6:00 PM

**Frederick Douglass NRRC | Ages 8-17**  
T, Th | 3:00 - 7:30 PM

**Frederick Douglass NRRC | Ages 18+**  
T, Th | 12:00 - 2:00 PM

## Ceramics

Instruction on hand-building or wheel-throwing with clay, including glazing and firing. Participants learn the fundamentals of pottery and explore creative design techniques. Each session encourages artistic expression and craftsmanship.



### INTRO TO CERAMICS

**Cudell Fine Arts | Ages 18+**  
Thursdays | 4:30 - 7:00 PM

### FAMILY

**Cudell Fine Arts | Parent with Child**  
Tuesdays | 5:00 - 7:00 PM

## Cultural Exploration Through Art

These workshops celebrate the cultural diversity of Cleveland through the visual arts. Workshops are designed to educate participants about cultural traditions they may already know as well as those they may not know. The goal of the series is to promote cross-cultural understanding and tolerance.

**Collinwood NRRC | Ages 8-17**  
Thursdays | 5:00 - 6:00 PM

## Dance

Lessons covering various styles, such as tap, African, line dancing, or ballroom. Classes encourage rhythm, coordination, and self-expression through movement. They also provide a fun, social way to stay active and learn new skills.

### BALLROOM DANCE

**Collinwood NRRC | Ages 18+**  
Mondays | 5:30 - 7:00 PM

**Frederick Douglass NRRC | Ages 18+**  
Wednesdays | 5:00 - 7:00 PM

**Zelma George NRRC | Ages 55+**  
Wednesdays | 10:00 AM - 12:00 PM

### AFRICAN DANCE

Celebrate the vibrant rhythms and storytelling movements of traditional African dance styles. This high-energy class focuses on grounded footwork and expressive gestures accompanied by powerful percussion. It offers a soul-stirring workout that connects participants to cultural history through movement.

### Collinwood NRRC | All Ages

T, Th | 6:00 - 6:45 PM  
Saturdays | 10:00 AM - 12:30 PM

### LINE DANCING

Step into rhythm with this popular social dance class that requires no partner to participate. You will learn choreographed patterns to a variety of music genres, from country favorites to modern hits. It is an enjoyable way to get your heart rate up while mastering fun sequences on the dance floor.

### Alexander Hamilton NRRC | Ages 18+

Mondays | 6:00 - 7:30 PM  
Fridays | 5:00 - 7:00 PM

### Collinwood NRRC | All Ages

Fridays | 5:00 - 6:00 PM

### Cory NRRC | All Ages

Fridays | 12:00 - 2:00 PM

### Frederick Douglass NRRC | Ages 55+

M, Th | 5:00 - 7:00 PM  
T, F | 12:00 - 1:45 PM

### Thurgood Marshall NRRC | Ages 18+

Mondays | 5:30 - 7:00 PM

### Zelma George NRRC | Ages 55+

Wednesdays | 12:00 - 1:00 PM  
T, Th | 10:30 AM - 11:30 AM

## Dance (cont.)

### TAP DANCE

Transform your feet into percussion instruments in this rhythmic and upbeat dance class. Students will learn fundamental tap steps and combinations that emphasize timing, coordination, and musicality. It is a joyous way to stay active while creating intricate sounds and patterns with every step.

**Fairfax NRRC | Ages 55+**  
Mondays | 5:00 - 6:00 PM

## Homeschool Arts

Daytime art curriculum specifically designed for homeschooled students. Classes provide creative enrichment and social interaction in a structured setting. Students explore a variety of artistic techniques and projects.



### DROP-IN

**Cudell Fine Arts | Parent with Child**  
Mondays | 12:00 - 2:30 PM

## Kids Krafts

A hands-on crafting class for youth ages 8-17. You will explore a mix of fun techniques through projects like painting, DIY builds, and more. This is a great way to express your creativity, learn new skills, and make awesome artwork with your hands. All materials provided, no experience needed, and just bring your imagination.

### DROP-IN

**Cudell Fine Arts | Ages 8-17**  
Thursdays | 4:30 - 7:00 PM

**Lonnie Burten NRRC | Ages 8-17**  
M, W | 4:30 - 5:30 PM

**Michael Zone NRRC | Ages 8-17**  
Fridays | 4:00 - 6:00 PM

## Open Studio Arts

Unstructured time for artists to use facility equipment and space for personal projects. Participants work independently while accessing community resources. This program fosters creativity and artistic freedom.

### DROP-IN

**Michael Zone NRRC | Ages 18+**  
Fridays | 12:00 - 2:30 PM

## Pottery and Sculpture

Fundamental pottery and sculpture classes focusing on tactile creativity. Participants explore shaping techniques and artistic design using clay. These classes promote creativity and personal style.

### CLASS

**Cudell Fine Arts | Ages 18+**

Wednesdays | 12:00 - 2:30 PM, 4:30 - 7:00 PM

Thursdays | 12:00 - 2:30 PM

Fridays | 4:30 - 7:00 PM

### DROP-IN

**Lonnie Burten NRRC | Ages 18+**

M, W | 12:00 - 3:00 PM

### YOUTH ADULT

**Cudell Fine Arts | Ages 16-35**

Mondays | 4:30 - 7:00 PM

## Showagon Auditions

The talent search for Cleveland's mobile summer performing arts tour for youth. Participants showcase singing, dancing, and acting skills for selection. This program celebrates creativity and provides performance opportunities.



### DROP-IN

**Various NRRCs | Ages 17 & Under**

M, T, W, Th, F | 4:30 - 6:30 PM | April 6 - May 15

*Contact your local NRRC for more information.*

## Upcycled Arts

Creative projects focused on repurposing "trash" and sustainable materials into art. Participants learn eco-friendly practices while expressing creativity. These sessions combine environmental awareness and hands-on fun.

### DROP-IN

**Frederick Douglass NRRC | Ages 8-17**

T, Th | 3:00 - 5:00 PM

**NOTE:** All schedules in this catalog are subject to change. Please contact your NRRC or visit the CivicRec online catalog (pg. 26) for updated times.



CITY OF CLEVELAND  
Mayor Justin M. Bibb

THE CLEVELAND DEPARTMENT OF AGING  
PRESENTS THE 36<sup>TH</sup> ANNUAL

# SENIOR DAY



WEDNESDAY  
**MAY 20, 2026**

**Cleveland Public Hall**  
500 Lakeside Avenue

10 a.m. - Information Fair

11 a.m. - Program

Noon - Lunch

12:30 p.m. - Entertainment

All seniors invited to attend  
this **FREE** event.

**Senior Day Parking is FREE** at the Cleveland Municipal Lot with free shuttle to and from Public Hall.

**The 2026 Senior Day program will be both in-person and livestreamed on TV20.**

For more information call **216-664-2833** or  
visit [www.clevelandohio.gov/aging](http://www.clevelandohio.gov/aging)

OLDER  
AMERICANS  
MONTH





# Walk on Wednesday mornings with the Cleveland Department of Aging!

Join the City of Cleveland Department of Aging for their largest Summer Senior Walk series. These weekly walks take place every Wednesday morning in June, July and August at different locations around the city. They are designed to promote health, wellness, and community among older adults. Participants can walk at their own pace and enjoy the outdoors while connecting with others. *There is no cost to participate.*

**For more information and to register, call Nicole at 216-664-6152.**

## Summer Senior Walks begin on Wednesday, June 3



2026 **YOUR**   
**SUMMER**  
**SOUNDTRACK**



  
**Track #1**

Featuring **2026 SUMMER JOBS**  
 Y.O.U. Applications Open Feb 1 to May 1  
**APPLY NOW!**




  
**Track #2**

Featuring **CMSD 2026 SUMMER LEARNING REGISTRATION**  
**COMING SOON!!**



  
**Track #3**

Featuring **2026 SUMMER CAMPS, SPORTS, ARTS & More**  
 (Dropping in May for all ages, middle schoolers encouraged)



Providing Cleveland children and families access to **HIGH QUALITY SUMMER PROGRAMMING** through a collective partner campaign!

## Reserve Your Spot—Easily & Online!

Now you can request reservations for community rooms, ball fields, tennis courts, shelters, Cleveland Public Auditorium, and more for private events—all through our convenient online catalog. Requests are required to be submitted at least 2 weeks in advance and are subject to availability. Fees may apply depending on request locations.



To reserve, scan the QR code with your phone camera or visit the website below.



[secure.rec1.com/OH/cleveland-oh/catalog](https://secure.rec1.com/OH/cleveland-oh/catalog)  
(select "Facility Reservations")



## Online Registration for the Spring Session is Open!

**Programs begin the week of March 30 and end the week of May 30.**

The City of Cleveland has partnered with CivicRec, a cloud-based solution that allows our residents greater visibility into offered parks and recreation department activities, classes, sports, youth leagues, memberships and online registration.

**We now have an interactive online catalog of all of our activities, programs and events where you can browse, select and register.**

*If you do not have access to register online, please visit your local NRRC.*

**To register, scan the QR code with your phone camera or visit the website below.**



 [secure.rec1.com/OH/cleveland-oh/catalog](https://secure.rec1.com/OH/cleveland-oh/catalog)



# Social Support Services

*Let us help you with...*

Emergency Housing

Food Assistance

Clothing & Basic Needs

Emotional & Trauma Support

## Who We Are

The Mayor’s Office of Prevention, Intervention, and Opportunity provides safe spaces where residents can get free help, services, and resources. We work with families and community partners to make sure people get the support they need to live safe, healthy lives.

## Help is available!

*Connecting and referring individuals to appropriate services!*

- Food support
- Housing assistance
- Emotional support and trauma counseling referrals
- Birth certificates
- Help with IDs, benefits, and other documentation
- Connection to community organizations
- Personal hygiene items
- Public assistance
- Medical/hospital



## Social Support Services Team

**Eugenia Cash**  
Services Unit Director  
216-857-7052

**Rhonnetta Robinson**  
Unit Supervisor  
216-857-3137

**Michele Princeton**  
Unit Supervisor  
216-857-1213

To access the message line and leave a message, please call:

**216-664-2223**



## City of Cleveland

**Justin M. Bibb**  
Mayor

**Blaine A. Griffin**  
Council President

## Cleveland City Council Members

**Joseph T. Jones**  
Ward 1

**Blaine A. Griffin**  
Ward 6

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**Stephanie D. Howse-Jones**  
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Ward 13

**Kris Harsh**  
Ward 4

**Kevin Conwell**  
Ward 9

**Jasmin Santana**  
Ward 14

**Richard A. Starr**  
Ward 5

**Michael D. Polensek**  
Ward 10

**Charles J. Slife**  
Ward 15

# City Directory

City Hall – Main Line	(216) 664-2000	City Council	(216) 664-2840
Department of Aging	(216) 664-2833	Division of Water	(216) 664-2444
Division of Animal Care & Control	(216) 664-3069	Division of Waste	(216) 664-3711
Department of Building & Housing	(216) 664-2282	Division of Streets	(216) 664-2510
Department of Community Dev.	(216) 664-4000	Department of Public Health	(216) 664-6256
Community Relations Board	(216) 664-3290	Department of Economic Dev.	(216) 664-2406
Division of Recreation	(216) 664-2570	Emergency Medical Service	(216) 664-2555
Youth Prevention & Intervention Activities	(216) 664-7268	Division of Fire	(216) 664-6800
		Division of Police Non-Emergency Line	(216) 621-1234

*Report concerns or give feedback by calling 311.*

Cleveland



Wants You  
to Make the  
Right Call

## 311 CITY SERVICES

City non-emergency services and general city information.

—just one call or click away

311 or 216-664-2000  
clevelandohio.gov/311

## 911 EMERGENCY

Needs immediate attention from police, fire, or medical services.

Focus on life-threatening and urgent situations.

## 211 HEALTH AND HUMAN SERVICES

Referrals, including assistance with basic needs and crisis support.

Connects individuals with essential community resources like food and shelter.

## 988 SUICIDE AND CRISIS LIFELINE

24/7, free and confidential support for people in distress.

Prevention and crisis resources and best practices for professionals in the US.



**CITY OF CLEVELAND**  
Mayor Justin M. Bibb



**Cleveland  
City Council**

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