# About Mental Health, Substance Use Disorders & Other Addictions

Mental health, substance use disorders (SUD) and other addictions affect people from all walks of life and all age groups. These illnesses are common, recurrent, and often serious, but they are treatable and many people do recover.

Mental health disorders involve changes in thinking, mood, and/or behavior. These disorders can affect how we relate to others and make choices. Reaching a level that can be formally diagnosed often depends on a reduction in a person's ability to function as a result of the disorder.

Substance use disorders occur when the recurrent use of alcohol and/or drugs causes clinically significant impairment, including health problems, disability, and failure to meet responsibilities at work, school or home.

The coexistence of a mental health, SUD or other addiction is referred to as **co-occurring disorders**.

Treatment Works, People Recover!

### **Contact Us**

Office: 216-241-3400 24-Hour Suicide Prevention, Mental Health, Addiction Crisis, Information & Diversion Center Referral Hotline: 216-623-6888 or 988

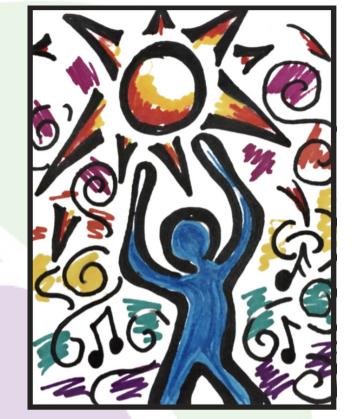
> 2012 West 25th St., 6th fl. Cleveland, OH 44113



www.adamhscc.org







ADAMHS BOARD OF CUYAHOGA COUNTY ALCOHOL, DRUG ADDICTION & MENTAL HEALTH SERVICES

Alcohol, Drug Addiction and Mental Health Services (ADAMHS) Board of Cuyahoga County

> Improving lives through wellness, recovery and independence

To learn more, visit www.adamhscc.org.

Cover artwork by Blair H.



## **About Us**

The Alcohol, Drug Addiction and Mental Health Services (ADAMHS) Board of Cuyahoga County is responsible for the planning, funding and monitoring of public mental health and addiction treatment and recovery services delivered to the residents of Cuyahoga County. Under Ohio law, the ADAMHS Board is one of 50 Boards coordinating the public mental health and addiction treatment and recovery system in Ohio.

The Board is a quasi-independent part of county government, governed by a volunteer Board of Directors. The Board contracts with provider agencies to deliver services that assist clients on the road to recovery.

#### Mission

Enhance the quality of life for our community through a commitment to excellence in mental health and addiction prevention, treatment and recovery services coordinated through a person-centered network of community supports.

## **How to Get Help**

### Call the Hotline

The ADAMHS Board provides funding for the 24-Hour Suicide Prevention, Mental Health/Addiction Crisis, Information and Diversion Center Referral Hotline operated by FrontLine Service:

#### 216-623-6888 or 988

The Crisis Text Line is also available by texting "4hope" to 741-741.



#### Take a Screening

Free, confidential online behavioral health screenings are available on our website. These are a quick way to determine if you or someone you care about should connect with a behavioral health professional. Think of these as a checkup from your neck up. Scan the QR code to access the screenings or visit www.adamhscc.org/screening.

### Use the Service Finder

The ADAMHS Board website has a Finding Help feature, which is a green button that can be found at the top of our website (*pictured below*). With the Finding Help feature, you can search for mental health and addiction services by the type of service, provider name, location, or age group you're looking for.



Use the QR Code to access the finding help tab or visit: adamhscc.org/resources/finding-help

