Zelma George Track Schedule



Monday	Tuesday	Wednesday	Thursday	Friday	Saturd	day	CITY OF CL Mayor Justi	EVELAND 44104			
9:00 -12:30 pm Walking Club Adult	9:00 -12:30 pm Walking Club Adult	9:00 -12:30 pm <b>Walking Club</b> Adult	9:00 -12:30 pm <b>Walking Club</b> Adult	9:00 -12:30 pm <b>Walking Club</b> Adult	9:30 -12:3 <b>Walking</b> Adul	Club					
Adult	1:00-2:30 pm <b>3 Mile</b> Walking Club Adult	1:00-2:30 pm <b>3 Mile</b> Walking Club Adult	1:00-2:30 pm <b>3 Mile</b> Walking Club Adult	1:00-2:30 pm <b>3 Mile</b> Walking Club Adult	1:00-2:30 <b>3 Mi</b> <b>Walking</b> Adult	ile Club	Senior Card Sharks Senior Walkers	Fit & Fifty P Monday & Friday Monday - Friday	/ 12pm- 6:00 a	m' MAN	and the second
(19.5 Laps)	(19.5 Laps)	(19.5 Laps)	(19.5 Laps)	(19.5 Laps)	(19.5 La		Senior Exercise Line Dancing	Tuesday & Thurs Tuesday & Thurs	sday 10:00	10:00 am - 11:00	SBL-1
2:30 - 4:00 pm Jogging Club Adult	2:30 - 4:00 pm <b>Jogging Club</b> Adult	2:30 - 4:00 pm Jogging Club Adult	2:30 - 4:00 pm <b>Jogging Club</b> Adult	2:30 - 4:00 pm <b>Jogging Club</b> Adult	2:30 - 4:0 <b>Jogging</b> Adult	00 pm	Blood Pressure	Every 4th Tuesday 9:00am-11:00am			
4:00-7:30 pm Family Walking	4:00-7:30 pm Family Walking	4:00-7:30 pm Family Walking	4:00-7:30 pm Family Walking	4:00-7:30 pm Family Walking	4:00-5:30 <b>Famil</b> Walkin						
Children n	nay not be on th	ne track unless ac	companied by an					Gymnasium S	chedule	ð	
						Monday	y Tuesday	Wednesday	Thursday	Friday	Saturday
Litt	Ball(4-7) tle F (8-11) g F(12-14)	<b>Baseball Ac</b> Saturday Monday - Th Monday - Th		n-11:30am 00pm 00pm		Monday 12:00 - 2:30 Adult Open	0 pm 12:00 - 2:30pm	Wednesday 12:00 - 2:30 pm Adult Open Gym	12:00 - 2:30pm	Friday 12:00 - 2:30 pm Adult Open Gym	-
Litt	tle È (8-11)	Saturday Monday - Th	10:00am ursday 5:00-7:0	)0pm 👝 🛵		12:00 - 2:30	0 pm 12:00 - 2:30pm <b>Gym Independent</b> Workouts Adult   0pm 3:00 - 5:00pm   Organized Gym Games   all Ages 8 - 14	12:00 - 2:30 pm	12:00 - 2:30pm Independent Workouts	12:00 - 2:30 pm Adult Open	10:00-11:30 Baseball Training Camp (Skating Rink) 11:00-3:00 Men's 30 an Over Leagu
Litt Big	tle F (8-11) F(12-14) Other	Saturday Monday - Th Monday - Th Exciting Pi	10:00am oursday 5:00-7:0 oursday 5:00-7:0	00pm 00pm		12:00 - 2:30 Adult Open 3:00 - 5:00 Girls Basketba Fundament Ages 10-1	0 pm 12:00 - 2:30pm <b>Gym Independent</b> Workouts Adult   0pm 3:00 - 5:00pm   Organized Gym Games   all Ages 8 - 14   12 12	12:00 - 2:30 pm Adult Open Gym 3:00 - 5:00pm Girls Basketball Fundamentals	12:00 - 2:30pm Independent Workouts Adult 3:00 - 5:00pm Organized Gym Games Ages 8 - 14	12:00 - 2:30 pm Adult Open Gym 3:00 - 5:30pm Open Gym Ages 8 - 17	10:00-11:30 Baseball Training Camp (Skating Rink) 11:00-3:00 Men's 30 an Over Leagu Basketball
Litt Big	tle È (8-11) 5 F(12-14) <b>Other</b> Wednesday & Sa Monday - Friday	Saturday Monday - Th Monday - Th <b>Exciting P</b> I	10:00am oursday 5:00-7:0 oursday 5:00-7:0 <b>rograms</b> 5pm-6:30pm 4pm-5:30pm 12:00 - 7:30p	00pm 00pm 8+		12:00 - 2:30 Adult Open 3:00 - 5:00 Girls Basketba Fundament	0 pm 12:00 - 2:30pm <b>Gym Independent</b> Workouts Adult   0pm 3:00 - 5:00pm   Organized Gym Games   all Ages 8 - 14   0pm 5:30 - 7:30pm   Independent Workouts	12:00 - 2:30 pm Adult Open Gym 3:00 - 5:00pm Girls Basketball Fundamentals Ages 13-15 5:30pm—7:00pm Old Timer's Basketball	12:00 - 2:30pm Independent Workouts Adult 3:00 - 5:00pm Organized Gym Games	12:00 - 2:30 pm Adult Open Gym 3:00 - 5:30pm Open Gym	10:00-11:30 Baseball Training Camp (Skating Rink) 11:00-3:00 Men's 30 ar Over Leagu Basketball 3:00 - 4:30p Pee-wee Ba ketball
ss Class cise Equipment th Outdoors Dance	tle F (8-11) F(12-14) <b>Other</b> Wednesday & Sa Monday - Friday TBA Tuesday	Saturday Monday - Th Monday - Th <b>Exciting P</b> I	10:00am oursday 5:00-7:0 oursday 5:00-7:0 <b>COGRAMS</b> 5pm-6:30pm 4pm-5:30pm 12:00 - 7:30p TBA 6:15pm—7:3	00pm 00pm 8+ om Adults 30pm Adult		12:00 - 2:30 Adult Open 3:00 - 5:00 Girls Basketba Fundament Ages 10-1 5:30 - 7:00 Basebal	0 pm 12:00 - 2:30pm <b>Gym Independent</b> Workouts Adult   0pm 3:00 - 5:00pm <b>Organized Gym Games</b> Ages 8 - 14 Ages 8 - 14   0pm 5:30 - 7:30pm <b>Independent Independent</b>	12:00 - 2:30 pm Adult Open Gym 3:00 - 5:00pm Girls Basketball Fundamentals Ages 13-15 5:30pm—7:00pm Old Timer's	12:00 - 2:30pm Independent Workouts Adult 3:00 - 5:00pm Organized Gym Games Ages 8 - 14 5:00 - 7:30pm Open Run	12:00 - 2:30 pm Adult Open Gym 3:00 - 5:30pm Open Gym Ages 8 - 17 6:00 -7:30pm Family Game	10:00-11:30 Baseball Training Camp (Skating Rink) 11:00-3:00 Men's 30 ar Over Leagu Basketball 3:00 - 4:30p Pee-wee Ba
ss Class cise Equipment th Outdoors	tle F (8-11) F(12-14) Wednesday & Sa Monday - Friday TBA Tuesday Monday—Friday Wednesdays Thursdays Saturdays Tuesdays & Thu	Saturday Monday - Th Monday - Th <b>Exciting P</b> I	10:00am oursday 5:00-7:0 oursday 5:00-7:0 <b>rograms</b> 5pm-6:30pm 4pm-5:30pm 12:00 - 7:30p TBA	00pm 00pm 8+ 00 Adults 00pm Adults 80pm 8+ 12-17 12-17 12-17 10+ 8-17		12:00 - 2:30 Adult Open 3:00 - 5:00 Girls Basketba Fundament Ages 10-1 5:30 - 7:00 Basebal	0 pm 12:00 - 2:30pm <b>Gym Independent</b> Workouts Adult   0pm 3:00 - 5:00pm   Organized Gym Games   all Ages 8 - 14   0pm 5:30 - 7:30pm   Independent Workouts	12:00 - 2:30 pm Adult Open Gym 3:00 - 5:00pm Girls Basketball Fundamentals Ages 13-15 5:30pm—7:00pm Old Timer's Basketball	12:00 - 2:30pm Independent Workouts Adult 3:00 - 5:00pm Organized Gym Games Ages 8 - 14 5:00 - 7:30pm Open Run	12:00 - 2:30 pm Adult Open Gym 3:00 - 5:30pm Open Gym Ages 8 - 17 6:00 -7:30pm Family Game	10:00-11:30 Baseball Training Camp (Skating Rink) 11:00-3:00 Men's 30 an Over Leagu Basketball 3:00 - 4:30pr Pee-wee Bas ketball