Aquatics Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Pool Closed					
Pool Closed					
Pool Closed					
Pool Closed					
Pool Closed					
Pool Closed					
Pool Closed					

All children under 8 years old and 4 feet tall must be accompanied and supervised in the water by an adult. Two children per adult.

<u>Track</u>					
DAYS Monday-Friday Saturday*	TIMES 9:00-9:45am 10:00-10:45am* 11:00-11:45am*	AGES 55 & over 55 & over 55 & over			
	TIMES 12:00-12:45pm* 1:00-1:45pm* 2:00-2:45pm* 3:00-3:45pm* 4:00-4:45pm* 5:00-5:45pm* 6:00-6:45pm 7:00-7:30pm	AGES 18 & over			

<u>Weight Room</u>					
DAYS Monday-Friday Saturday*	TIMES 9:00-9:45am 10:00-10:45am* 11:00-11:45am*	AGES 55 & over 55 & over 55 & over			
	TIMES 12:00-12:45pm* 1:00-1:45pm* 2:00-2:45pm* 3:00-3:45pm* 4:00-4:45pm 5:00-5:45pm 6:00-6:45pm 7:00-7:30pm	AGES 18 & over			

Special Programming

America SCORES Soccer — Starting the week of September 18 Tuesday & Thursday | 5:00pm – 6:30pm | Grades 6-8

Jazz Funk — Starting the week of September 11 Thursday | 5:00pm – 6:00pm | Ages 5-15

Muny Tackle Football — Starting the week of September 11 Monday — Thursday | 5:30pm – 7:30pm | Ages 5-12

Spoken Word — Starting the week of September 11 Wednesday | 5:00pm – 6:30pm | Ages 5-15



Gunning Park Neighborhood Resource & Recreation Center 16700 Puritas Ave. Cleveland, OH 44135 216-420-7900 Carlitos Torres—Manager

For Golden Age & **Senior Program** Information call 216-373-1917

YOUTH AFTER SCHOOL MEALS

4-18yrs. | Mon-Fri | Times 4:00pm—4:30pm
Sat 12:00pm—12:30pm
(No Registration Required)



Gymnasium Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Basketball 5 v 5 12:00-12:45 18+	Indoor Walking 12:00-12:45 18+	Basketball 5 v 5 12:00-12:45 18+	Indoor Walking 12:00-12:45 18+	Indoor Walking 12:00-12:45 18+	Family Gym 10:00-10:45 Parent w/Child
Basketball 5 V 5 1:00-2:30 18+	Indoor Walking 1:00-2:30 18+	Basketball 5 v 5 1:00-2:30 18+	Indoor Walking 1:00-2:30 18+	Indoor Walking 1:00-2:30 18+	Basketball Skills 11:00-1:00 8-12
Basketball Skills 3:00-3:45 8-12	Basketball Skills 3:00-3:45 8-12	Basketball Skills 3:00-3:45 8-12	Basketball Skills 3:00-3:45 8-12	Basketball Skills 3;00-3:45 8-12	Basketball Skills 1:15-2:45 13-17
Basketball/ Volleyball Skills 4:00-5:45 13-17	Basketball Skills 4:00-5:00 13-17	Basketball/ Volleyball Skills 4:00-5:45 13-17	Basketball Skills 4:00-5:00 13-17	Basketball/ Volleyball Skills 4:00-5:45 13-17	Badminton 3:30-4:30 18+
Kickboxing Aerobics 6:30-7:30 18+	Badminton 5:30-7:30 18+	Kickboxing Aerobics 6:30-7:30 18+	Badminton/ Zumba 5:30-7:30 18+	Family Gym 6:00-7:30 Parent w/Child	Badminton 4:30-5:30 18+

Schedule subject to change without prior notice.

Adults may not participate during youth basketball skill sessions.