

Aquatics Schedule

All children 8 years old and under 4 feet tall must be accompanied and supervised in the water by an adult. Two children per adult.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Adult Swim 12:00-12:45 18+	Senior Open-Swim 10:30 -11:30 18+	Adult Swim 12:00-12:45 18+	Adult Swim 12:00-12:45 18+	Adult Swim 12:00-12:45 18+	Adult Swim 10:00-12:00 18+
Youth Swim 1:00-4:00 8-17	Adult Swim 12:00-12:45 18+	Youth Swim 1:00-4:00 8-17	Adult Swim 12:00-12:45 18+	Youth Swim 1:00-4:00 8-17	Open Swim 12:00-3:00 8+
Family Open Swim 5:00-5:45 8-17 18+	Youth Swim 1:00-4:00 8-17	Family Open Swim 5:00-5:45 8-17 18+	Youth Swim 1:00-4:00 8-17	Family Open Swim 5:00-5:45 8-17 18+	Family Swim 4:00-5:30 8-17 18+
Learn To Swim 6:00-6:45 8-17	Family Open Swim 5:00-5:45 8-17 18+	Learn To Swim 6:00-6:45 8-17	Family Open Swim 5:00-5:45 8-17 18+	Learn To Swim 6:00-6:45 8-17	
Adult Lap Swim 7:00-7:30 18+	Learn To Swim 6:00-6:45 18+	Adult Lap Swim 7:00-7:30 18+	Learn To Swim 6:00-6:45 18+	Adult Lap Swim 7:00-7:30 18+	
	Adult Lap Swim 7:00-7:30 18+		Adult Lap Swim 7:00-7:30 18+		



Computer Room
Mon-Fri (Ages 18+)
12:00-12:45 p.m.
1:30-2:15p.m.
(Ages 8-17)
Mon-Fri
3:15-4:00p.m.
4:30-5:15p.m.
6:00-6:45p.m.

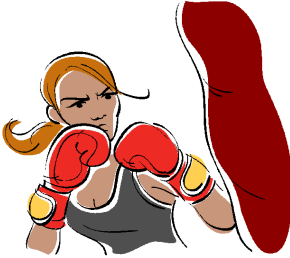
After School All-Stars
Mon-Thurs
4pm-7pm
Grades 1-4 and Grades 5-10

SENIOR PROGRAM
Tuesday & Thursday
9:30 a.m. - 12:00 p.m.
Aerobics, Indoor & Outdoor Walking, Theater,
Social Gatherings, Arts & Crafts, Field Trips, and
much, much more....
For more information call 664-2516

Line Dance
Thursdays
11:00am-12:00pm



Glenville “James Hubbard”
Neighborhood Resource & Recreation Center
680 East 113th St.
(216)664-2516



Additional Fall Programs

<u>Youth Flag Football</u> Mon & Wed 5:00-7:30pm	<u>Girls Group</u> Wednesday 5:30-7:30pm	<u>Spoken Word</u>
<u>Circuit Training</u> Tuesday 6:00-7:00pm 18+	<u>Rugby</u> Tue & Thurs 3:00p-5:00p Ages 8-11	

Gymnasium

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12:00-2:30pm Open Gym 18+	12:00-2:30pm Open Gym 18+	12:00-2:00pm Adult Open Gym 18+	12:00-2:30pm Open Gym 8-17	12:00-2:30pm Open Gym 8-17	10:00am-12:30pm Open Gym 40+
4:00-6:00p.m Basketball 2-Ball/3 on 3 Games 8-17	3:30-5:30p.m Basketball 2-Ball/3 on 3 Games 8-17	2:30-5:30pm Open Gym 8-17	3:30-5:30p.m Basketball 2-Ball/3 on 3 Games 8-17	3:30-4:30p.m Basketball 2-Ball/3 on 3 Games 8-17	1:30pm-3:30pm Open Gym 8-17
6:00-7:15p.m Aerobics And Conditioning 18+	6:00-7:15pm Volleyball Fundamentals Age 8-17	6:00-7:15p.m Aerobics And Conditioning 18+	6:00-7:15pm Volleyball Fundamentals Age 8-17	5:00-7:15p.m Adult Volleyball 18+	4:00-5:30pm Family Gym 8-17 18+



MONDAY-FRIDAY
4:00-6:00PM
TEEN CENTER

Meal Program
4-18yrs. Monday- Friday
Times 4:00pm-4:30pm

Glenville Entrepreneur
Sports Clinics
Tue & Thurs
4:00-6:00pm
Teen Ages 13-18

