

Walk on Wednesdays this Summer with the Cleveland Department of Aging

Summer 2023



Cleveland Department of Aging
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CITY OF CLEVELAND
Department of Aging



Walk on Wednesdays this Summer with the Cleveland Department of Aging

The Cleveland Department of Aging is sponsoring 10 walks this summer. You can take these walks at your own pace but with the support of others. The walks will be outside and will start and end at the locations below. We will be following all Center for Disease Control and Prevention (CDC) protocols for safety. All participants will receive a Senior Walk t-shirt and a Resource bag. Passport to the Parks is back. Attend five (5) or more walks this summer and you will be entered into a raffle. There is no cost to participate.

| Date | Time | Ward | Location | Address | Zip Code |
|--------------------|---------|------|--|--|----------|
| July 12, 2023 | 9:30 AM | 4 | Zelma Watson George Resource and Recreation Center | 3155 Martin Luther King Jr. Drive - Meet at the Outdoor Track | 44104 |
| July 19, 2023 | 9:30 AM | 7 | League Park | 6601 Lexington Avenue | 44103 |
| July 26, 2023 | 9:30 AM | 5 | Track at Cuyahoga Community College - Tri C Metro | 3409 Woodland Avenue - Meet at the track | 44115 |
| August 2, 2023 | 9:30 AM | 1 | Frederick Douglass Resource and Recreation Center | 15401 Miles Avenue | 44128 |
| August 9, 2023 | 9:30 AM | 8 | Euclid Beach Park | 16301 Lakeshore Boulevard - Meet near the Pier | 44110 |
| August 16, 2023 | 9:30 AM | 15 | Michael J. Zone Resource and Recreation Center | 6301 Lorain Avenue - Meet at the Gazebo | 44102 |
| August 23, 2023 | 9:30 AM | 17 | Gunning Resource and Recreation Center | 16700 Puritas Avenue | 44135 |
| August 30, 2023 | 9:30 AM | 16 | Mohican Park | 13103 Triskett Road - Meet at the Parking lot off Triskett Road, near the intersection of Berea Road | 44111 |
| September 6, 2023 | 9:30 AM | 3 | Clark Field | Newly renovated park on Clark Avenue between Quigley Road and West 11 th in Tremont | 44113 |
| September 13, 2023 | 9:30 AM | 17 | Impett Park | 3207 West 153 rd Street | 44111 |

The walks will be every Wednesday starting on July 12, 2023, at 9:30 AM at the different locations listed.

Look for the Department of Aging Staff in red t-shirts at each location.

To register, please contact the Department of Aging at 216-664-4383 or aging@clevelandohio.gov

By registering ahead of time, you will be notified if the walk is cancelled due to inclement weather.